

Head across Dames Quarter Creek to one of the entrances of this loop that takes you deep into the marsh. Find yourself secluded in calm narrow creek, with nothing but the marsh grass and the blue crabs to disturb you. This narrow zigzaging trail is great for sighting elusive wildlife: if you paddle stealthily around the trail's numberous bends, you are bound to encounter unsuspecting fauna. Find the muskrat lodge located around sign 3, and view the patch of salt meadow hay by sign 7, a grass once used by local farmers to graze cattle. Visit at the right time and you might spot black-crowned night herons from the rookery near sign 10. Notice the barn owl box near sign 17. Be respectful to any nesting birds and admire them from afar. Make sure the wind is in your favor at the exit of the trail if you take it North to South, it can be difficult to make the treck back across open water if the wind is blowing against you.