



A friendly trail for novice paddlers, Dames Quarter Creek meanders widely across the marsh; in early summer when the vegetation is still low the paddler can see past the switchbacks to the trail ahead. Although short, this trail is a great introduction to the local wildlife: loud clapper rails call but stay hidden; marsh wrens and seaside sparrows dash among the grasses. The trail ends at the Deal Island Road Bridge; underneath are nesting barn swallows that will boldly swoop over your head. Past the bridge stands a water control structure installed by the Wildlife Administration in the 60's to control the flooding of the man-built impoundment south of the bridge.