

Healthy Parks, Healthy People Walking and Hiking Schedule



Martinak Morning Walk

Year round morning hikes meet at the Martinak State Park Office at 10:30 AM. The walks on Tuesdays and Thursdays are guided and on a paved trail. Walks are approximately 1 mile in length or about 2,000 steps with plenty of benches available for resting and enjoying nature. After a mile or 1.5 miles, walkers may choose to walk longer through the camp loops and trails or return to the start. Meet at the gravel parking area on the left past the park office.

First Day Hikes

On Monday, January 1, 2024 guided hikes are offered at Tuckahoe, Martinak, Sassafras and Wye Island. As the date approaches, check out this link or local papers: <https://dnr.maryland.gov/publiclands/pages/eastern/tuckahoe.aspx>

Wednesday Winter Hikes

Enjoy the brisk air of winter on these morning 3 to 5 mile hikes. Discover the diversity and wildlife of the area at the beautiful parks, refuges, and Wildlife Management Areas in the area. All walks start at 10:30 AM and follow the Caroline County Schools for weather alerts. It is suggested to bring water and a snack. Bug spray and a hat are helpful. Email: Karen.gianninoto@maryland.gov to register and to receive additional information.

January 17	Martinak State Park	Boundary Walk	Meet at the boat ramp parking area
January 24	Tuckahoe State Park	Lake Trail	Meet at the Lake Parking Area
January 31	Wye Island NRMA	Holly Tree Trail	Meet at Holly Tree Parking Area
February 7	Tuckahoe State Park	Tuckahoe Valley Trail	Meet at the Lake Parking Area
February 14	Blackwater NWR	Wildlife Walk	Meet at Visitor Center Parking Area
February 21	Adkins Arboretum	Loop it Walk	Meet at Visitor Center Parking Area
February 28	Wye Island NRMA	Dividing Creek Trail	Meet at Lodge LN Parking Area
March 6	Idylwild WMA	Marshy Hope Creek	Meet at Houston Branch Parking Area
March 13	Tuckahoe State Park	Pee Wee Trail	Meet at Crouse Mill Road Parking Area
March 27	Cross Island Trail	Terrapin Nature Trail	Meet at Exit 37 Parking Area
April 3	Sassafras NRMA	Meadows and Forest	Meet at Turners Creek Parking Area
April 10	Tuckahoe State Park	Creekside Trail	Meet at Cemetery Road Parking Area
April 17	Lynch Preserve	Robins Creek Trail	Meet at the end of Tall Tree LN, Preston, MD
April 24	Tuckahoe State Park	Connector Trail	Meet at Park Office

