

THE MARYLAND NATURALIST 52(1):1-34.  
SUMMER 2012

PLANT COMMUNITY CLASSIFICATION AND THE FLORA OF  
NATIVE AMERICAN SHELL-MIDDENS  
ON THE DELMARVA PENINSULA

William A. McAvoy<sup>1</sup> and Jason W. Harrison<sup>2</sup>

<sup>1</sup>Delaware Natural Heritage and Endangered Species Program, Delaware Division  
of Fish and Wildlife, 4876 Hay Point Landing Road, Smyrna, Delaware 19977  
william.mcavoy@state.de.us

and

Wildlife and Heritage Services, Maryland Dept. of Natural Resources  
909 Wye Mills Road, Wye Mills, Maryland 21679  
jharrison@dnr.state.md.us

ABSTRACT

Fourteen Native American shell-middens were discovered on the Delmarva Peninsula in Kent, Queen Anne's and Dorchester Counties, Maryland. Occupying these shell-middens is a unique and globally rare plant community that supports 202 native species and varieties of vascular plants, including 87 that are rare or uncommon on the Peninsula and 21 that are new additions to the flora of the Delmarva.

INTRODUCTION

In 2001, while the first author (McAvoy) was studying and collecting plants at a site on the Delmarva Peninsula near the Chesapeake Bay in Kent Co., Maryland, he noticed an abundance of what appeared to be oyster shells exposed at the soil surface. Thinking this was unusual, McAvoy decided to explore the area a bit more. The site was a steep, south-facing, sparsely wooded slope above a tidal creek and shells were scattered over the slope and extended to the crest and beyond. It was found that the site was species-rich and contained a number of plants that were rare on the Coastal Plain, as well as several species that he had never seen before on the Delmarva. In addition, McAvoy was finding calciphytes

(plants that do not tolerate acidic soil), such as wild columbine (*Aquilegia canadensis*), large-seed forget-me-not (*Myosotis macrosperma*), bottlebrush wild rye (*Elymus hystrix* var. *hystrix*), smooth rockcress (*Boechera laevigata* var. *laevigata*), redbud (*Cercis canadensis* var. *canadensis*), Eastern hop-hornbeam (*Ostrya virginiana*), and yellow chinquapin oak (*Quercus muehlenbergii*). Later, McAvoy studied maps of this region of Kent County hoping to find additional sites. Several more sites were found all having a similar suite of plant species and the same physical features (steep slope above a tidal creek and shallow dry soils with oyster shells exposed at the surface). At this point, McAvoy thought it would be wise to inform Jason Harrison (second author), ecologist for the Maryland Wildlife and Heritage Services of what had been found, so that the plant community could be properly classified.

From 2001 to 2009, we searched for new sites on the various Chesapeake Bay tributaries of Kent, Queen Anne's and Talbot Counties, Maryland, and a total of 14 sites were documented and classified, including one site in Dorchester Co., Maryland. We initially thought that this plant community may have developed on late Paleocene [58 to 55 million years before present (MYBP)] marine deposits of the Aquia Formation. The Aquia Formation, developed during sea-level pulses, consists of clays, silts, shells, and glauconitic sands and is randomly exposed, or near the surface, in a continuous arc from the upper Chesapeake Bay to the James River in Virginia (Ward & Powars 2004). However, after reviewing geologic maps it was concluded that only one of our 14 sites correlated with the Aquia Formation, thus refuting our original hypothesis. Shell samples were provided to John Wilson of the Maryland Geological Survey in Baltimore, Maryland, who concluded that the shells are "of modern origin and too young to be from the Paleocene" and they are more likely from Native American shell-middens. Following a recommendation from Charles Hall of the Maryland Historical Trust, Darrin Lowery, a geoarchaeologist with the Smithsonian Institution was consulted. After describing the sites to Lowery and making field visits to several known areas, Lowery confirmed that these sites are indeed Native American shell-middens that could be over 3,000 years old and explained that Native American populations on the Delmarva Peninsula gathered shellfish from the Chesapeake Bay for food. These people cooked and ate their harvests on adjacent high-ground, then discarded the shells which led to the formation of the middens (pers. comm. Lowery 2009). The word "midden" has its roots in the Scandinavian languages, meaning an accumulation of refuse about a dwelling place (Stein 1992). Large shell-middens containing oyster, soft-shell clam, razor clam, hard-shell clam, ribbed mussel, bay scallop, and whelk have been documented around

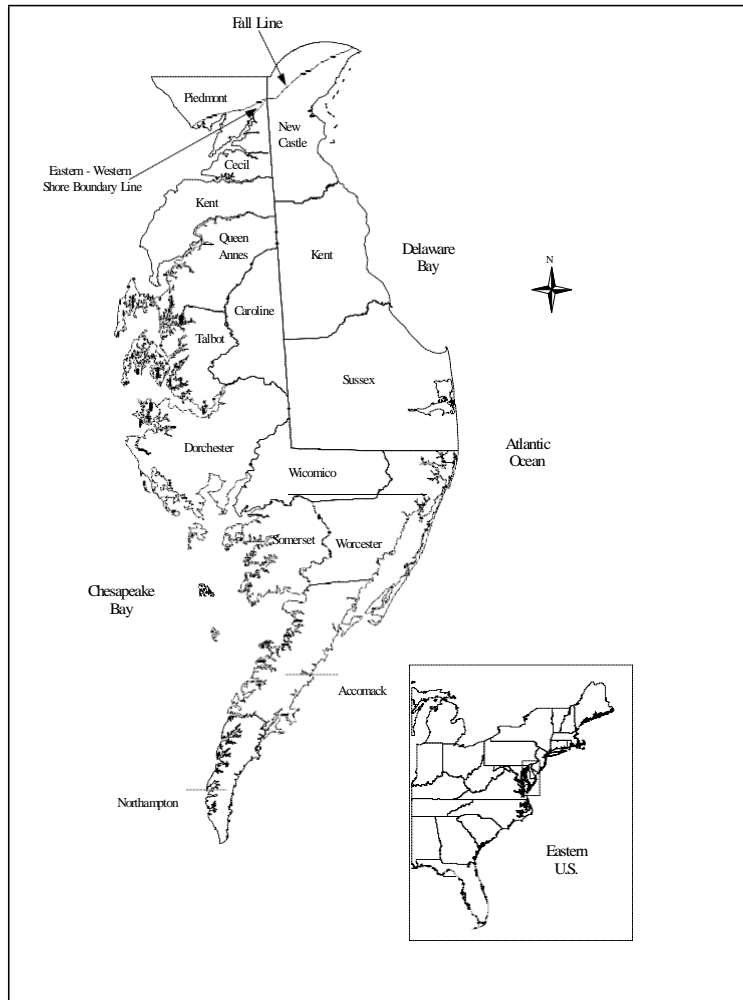
the shorelines of the Delmarva Peninsula (Lowery 2005). Thousands of shell-middens may have once existed, but sea level rise, shoreline erosion, mining, and development have eliminated, destroyed or degraded many of these unique archaeological features (pers. comm. Lowery 2011).

Perhaps the first account of shell-middens on the Delmarva comes from Ducatel and Alexander (1834), who submitted a report to the Maryland House of Delegates, noting that “extensive accumulations of oyster shells, evidently made by the aboriginal inhabitants of the country [were found], and that “extensive accumulations of this kind are said to be met with at Worton Point on the Chesapeake Bay in Kent County.” Jordan (1906) explored shell-middens consisting of the “common oyster” on Still Pond Creek (Queen Anne’s Co.) and estimated them to be “1000 years of age.” In 1938, Moorehead et al. reported finding “shell-heaps” in Kent Co. on Still Pond Creek, Worton Creek, and Farlee Creek [today known as Fairlee Creek (Moorehead et al. 1938)]. Moorehead et al. (1938) also pointed out that, “The situation of Indian shell-heaps on the Chesapeake Bay and its estuaries was probably determined in respective cases by the nearness of oyster bars. It seems likely that the Indians of those parts rarely, if ever, transported their oysters to shores very distant from the bars on which they obtained them.”

This paper examines the ecological and botanical components of Native American shell-middens on the Delmarva Peninsula and describes the plant community and flora that now occurs on these ancient and fascinating features.

## THE STUDY AREA

The Delmarva Peninsula (Fig. 1), is an area lying entirely within the Atlantic Coastal Plain physiographic province of the eastern United States. The Peninsula lies south and east of the fall line (a term applied to the boundary between the Appalachian Piedmont province and the Atlantic Coastal Plain) in New Castle County, Delaware, and Cecil County, Maryland, and is bordered on the east by the Delaware River, Delaware Bay and the Atlantic Ocean, and on the west by the Elk River and Chesapeake Bay. It includes the Coastal Plain province of Delaware (New Castle, Kent, and Sussex Counties), the Eastern Shore of Maryland (Cecil, Kent, Queen Anne’s, Caroline, Talbot, Dorchester, Wicomico, Somerset, and Worcester Counties), and the Eastern Shore of Virginia (Accomack



**Figure 1.** Location map for the Delmarva Peninsula.

and Northampton Counties). Its length north to south is about 200 miles (320 km), its greatest width is about 70 miles (110 km), its narrowest width is about 10 miles (16 km), and the total land area is about 5,800 square miles (15,000 square kilometers). The climate of the Peninsula is moderated by the Delaware Bay, Chesapeake Bay, and the Atlantic Ocean and is characterized by cool winters and warm, humid summers. The landscape of the Delmarva is mostly rural, on flat to

gently sloping sandy plains with slow-flowing rivers and streams that are bordered by extensive swamp forests and tidal marshes. In the coastal areas, barrier islands, salt marshes, tidal flats and inland bays are well developed. The Delmarva's Coastal Plain soils of sands, silts, clays and gravel support forests primarily composed of mixed evergreen [*Pinus taeda* (loblolly pine), *Ilex opaca* var. *opaca* (American holly)] and deciduous tree species [*Quercus* spp. (oaks), *Carya* spp. (hickory's), *Fagus grandifolia* (American beech), *Nyssa sylvatica* (black gum), *Liquidambar styraciflua* (sweet gum), *Acer rubrum* (red maple), and *Liriodendron tulipifera* (tulip poplar)]. The Delmarva Peninsula lies within the Chesapeake Bay Lowlands Ecoregion as defined by The Nature Conservancy (2002), and within the Outer Coastal Plain Mixed Forest Province as mapped by Bailey (1995).

## METHODS

The flora was inventoried qualitatively at 14 shell-middens throughout the growing seasons of 2001 to 2009 in an effort to capture the full floristic composition (Appendix I). All taxa (species, subspecies and varieties) were recorded from each shell-midden sampled. In addition, the frequency of occurrence for each taxon, or the number of shell-middens each taxon was recorded from was tallied (Appendix I). Source of botanical nomenclature follows Weakley (2010). In addition, quantitative data were collected from vegetation plots established at three sites using the Relevé method (*sensu* Peet et al. 1998), following guidelines used by the Maryland Natural Heritage Program to classify vegetation to the United States National Vegetation Classification (NVC). Sample sites were chosen subjectively by the authors to represent areas reasonably uniform in physiognomy, floristic composition, and environment.

The physical characteristics, including soil types, soil moisture regime, soil drainage class, surface substrate, aspect, topographic position, and slope shape of each site were measured to gain an understanding of the range of environmental variables that allow these unique communities to persist. Elevation was measured to the nearest 10 ft (~ 3 m) using USGS 7.5 minute topographic quadrangles. Soil surveys (Matthews et al. 1966; White 1982; NRCS 2011) of Kent, Dorchester, and Queen Anne's Counties, Maryland were used to determine which soil series and associations occurred at each site. A total of ten soil samples were collected from four sites and sent to Brookside Laboratories in

New Knoxville, Ohio, for nutrient chemical analysis using the Mehlich III method (Mehlich 1984). General soil characteristics such as color and texture were evaluated in the field. Geological information was obtained through GIS software and consultations with geologists of the Maryland Geological Survey.

## PLANT COMMUNITY RESULTS

## PHYSICAL CHARACTERISTICS

Surveys conducted throughout the growing seasons of 2001-2009 identified 14 sites on the Delmarva Peninsula that support a unique vegetation consisting of calciphytes (see Botany Discussion below) and several regionally rare and uncommon species (see Botany Discussion below). Sites documented were found on dry, steep slopes and bluffs, contiguous uplands, and spits that were all adjacent to tidal tributaries and the main stems of rivers of the upper Chesapeake Bay. Nine of the 14 sites are located in Kent County, four in Queen Anne's County, and one in Dorchester County (Table 1). The sites identified occupy small irregular patches ranging from 0.16 ha (0.4 ac) to 7.8 ha (mean = 1.8 ha [4.4 ac]) in size. Overall, the 14 sites cover an area totaling 24.9 ha (61.4 ac). Slope aspects are variable among sites with seven oriented to the south, five oriented to the north, and two sites with multiple aspects because of its position on small, narrow spits near the mouths of tidal creeks. The majority of vegetation is best developed on slopes with convex slope curvatures (i.e., vertical) at mid to upper positions ranging in elevation from 2-7m (~ 6-22 ft) above sea level (USGS 1973-1986). Percent slope among study sites varied widely depending on landform (e.g., spit), topographic position, and proximity to erosive tidal action. Side slopes immediately adjacent to tidal tributaries are very steep ranging from 58-74% and often displayed visible evidence of mechanical erosion. Sites positioned near the proximal end of spit landforms or contiguous landward uplands, are characterized by more gentle, undulating topography. Clinometer measurements of slope in these settings ranged from 8-30%.

We reviewed site locations and digitized versions of the 1968 geologic map of Maryland (Cleaves et al. 1968) in ArcGIS 9.2 (ESRI 2006) to determine surficial geology (Table 1). Due to the spatially coarse nature of these data, other sources were used in conjunction to ascertain geology for each site. County geological surveys (Miller et. al 1926), maps (Owens and Denny 1986; Miller et. al 1915), and personal communication with Maryland Geological Survey geologists, verified the geology for the remaining sites. In addition, a detailed

discussion of regional stratigraphy for the Betterton quadrangle, Kent County

**Table 1.** Locality, County, Number of Sites, and Geologic Formation (Cleaves et al. 1968) of shell-midden sites sampled on the Delmarva Peninsula from 2001 to 2009.

<b>Name</b>	<b>County</b>	<b>No. sites</b>	<b>Geologic Formation</b>
Howell Point	Kent	2	Lowland Deposits
Still Pond Creek	Kent	3	Magothy Formation
Churn Creek	Kent	2	Potomac Group
Worton Creek	Kent	2	Lowland Deposits
Fairlee Creek	Kent	1	Lowland Deposits
Chester River	Queen Anne's	1	Lowland Deposits
Southeast Creek	Queen Anne's	2	Lowland Deposits
Transquaking River	Dorchester	1	Lowland Deposits

(Minard 1974) provided us with information for sites at Howell Point and Still Pond Creek. Through these sources we determined that sites at Howell Point, Worton Creek, Fairlee Creek, Southeast Creek, Chester River, and Transquaking River overlie the Lowland Deposits Formation of recent Quaternary [2.6 MYBP to present (Cleaves et al., 1968)]. The Lowland Deposits Formation is a thin layer of chiefly unconsolidated sand and gravel formed during the Pleistocene [2.6 MYBP to 12,000 years before present (YBR)] epoch that cover older formations of Cretaceous (145 MYBP to 65 MYBP) age throughout much of the inner and outer Coastal Plain (Minard 1974; Cleaves et al. 1968). Lower tertiary (65.5 MYBP to 23 MYBP) sediments of the Aquia Formation are mapped along portions of Southeast Creek (Miller et al. 1915; Miller et al. 1926; Cleaves et al. 1968), but are not exposed at the location of our study sites (pers. comm. John Wilson 2009). According to the digitized version of the geologic map of Maryland (Cleaves et al. 1968), the Aquia Formation accounts for 482 ha (1191 ac) in Kent County and only 12 ha (30 ac) in Queen Anne's County. The Aquia Formation is not exposed in Dorchester County. Cretaceous sediments are prevalent at sites adjacent to Still Pond Creek and Churn Creek. The Magothy Formation of quartz sand and discontinuous layers of clay-silt, are exposed along

Still Pond Creek northward towards Howell Point, where it reaches basal contact with the Potomac Group (Minard 1974). The Potomac Group consists of continental deposits of gravel, sand, silt, and clay and is locally exposed along portions of Churn Creek, as well as bluffs around Worton and Howell Points.

According to county soil surveys (Matthews et al. 1966; White 1982; NRCS 2011), our 14 study sites are associated with ultisols of deep, well-drained sand and silt loams of the Mattapex, Galestown, Matapeake and Sassafras soil series. These soil series generally range in pH from 3.6 to 5.5 (Matthews et al. 1966; White 1982; NRCS 2011) and overlie older, coarser textured marine sediments (White 1982). According to NRCS (1998) these soil series fall into the “extremely acidic”, “very strongly acidic”, and “strongly acidic” classes of soil pH. Among all sites, approximately 31% (7.5 ha [18.5 ac]) of the total area is mapped as Mattapex silt loam, 18% (4.4 ha [10.9 ac]) is mapped as Galestown loamy sand, 13% (3.2 ha [7.9 ac]) is mapped as Matapeake silt loam, and 10% (2.5 ha [6.25 ac]) is mapped as Sassafras sandy loam. Soil series such as these are widespread on broad uplands, terraces, side slopes, and sandy knolls of the Delmarva Peninsula accounting for more than 30,000 hectares [ca. 75, 000 ac (NRCS 2011)]. The remaining 28% (6.7 ha [16.6 ac]) of sites are mapped as small units of sand and silt loams of the Runclint, Colts Neck, Unicorn-Sassafras, Keyport, and Downer series. All of these series are recognized as moderate to well-drained and are strongly acid soils. Field observations at each of the 14 sites indicate that soil drainage class (i.e., well-drained) and soil moisture regime (i.e., dry) are consistent with USDA soil classifications (NRCS 2011).

The surface substrate at each site was variable in the amount of leaf litter and exposed mineral soil present. We determined these characteristics to be correlated with steepness of slope at the majority of sites where active mechanical erosion is a driving factor. A striking and diagnostic feature among all sites was the presence of shells and shell fragments of the Eastern oyster (*Crassostrea virginica*) in the soil and at the soil surface. Our efforts to extract soil samples from augured cores proved difficult because of the density and depth of oyster shells. At most sites, the depth of shells were at least 30 cm (11.8 in), but attempts to determine the maximum depth were not undertaken. Moorehead et al. (1938) reported depths of up to 137 cm (~ 54 in) at Fairlee Creek. The local influence of oyster shells on soil chemistry is evident. Results of nutrient chemical analyses (Table 2) from ten samples at four of our study sites report elevated calcium (Ca) levels ranging from 2,175 ppm (parts per million) to 8,097



**Table 2.** Summary of nutrient and chemical analysis of 10 soil samples from four shell-midden sites using the Mehlich III method (Mehlich 1984).

Soil Parameter	Mean	Still	Still	Still	Still	Howell	Howell	Howell	Howell	Worton	Transquaking
	(n=10)	Pond	Pond	Pond	Pond	Pt 1	Pt 2	Pt 3	Pt 4	Crk	River
		Crk 1	Crk 2	Crk 3	Crk 4						
Cation Exchange Capacity (meq/100g)	23.4	19.8	22.6	12.2	12.4	31.6	41.9	11.8	15.9	40.7	24.7
pH	7.2	7.1	7.3	7.3	7.2	7.7	7.1	7.1	6.9	7.1	7.3
Organic Matter (%)	8.5	12.2	8.5	3.9	3.5	11.6	8.8	3.4	3.5	20.7	8.8
Estimated Nitrogen Release (lb/A)	108	126	117	89	85	126	119	84	85	130	119
Soluble Sulfur (ppm)	24	21	20	25	25	27	21	11	14	51	25
Phosphorus (ppm)	43.9	21	63	15	11	75	41	18	4	29	162
Calcium (ppm)	4406	3711	4236	2227	2232	5967	8097	2175	2969	7785	4665
Magnesium (ppm)	119	120	123	90	106	144	128	88	99	168	124
Calcium:Magnesium Ratio	35.7	30.9	34.4	27.4	21.1	41.4	63.3	24.7	30	46.3	37.6
Potassium (ppm)	66.5	57	102	68	56	114	48	36	34	90	60
Sodium (ppm)	38.4	30	35	32	37	53	56	23	28	37	53
Boron (ppm)	0.96	1.1	0.8	0.7	0.7	1.3	1.5	0.7	0.6	1.1	1.4
Iron (ppm)	90.3	126	122	60	63	59	59	118	102	51	143
Manganese (ppm)	131.7	89	114	67	55	424	166	122	75	90	115
Copper (ppm)	2.4	2	2.1	1.6	1.5	4.8	3	1.6	2	3.4	1.7
Zinc (ppm)	10.4	7.6	11.3	1.7	1.6	21.5	11.7	2.2	2.9	32.9	10.3
Aluminum (ppm)	359.9	165	128	380	401	535	89	634	594	179	494
Total Base Saturation (TBS) (%)	100	100	100	100	100	100	100	100	100	100	100
Fertility Index (CEC*TBS/100)	23.4	19.8	22.6	12.2	12.4	31.6	41.9	11.8	15.9	40.7	24.7

ppm (mean Ca = 4,406 ppm). High calcium levels have resulted in basic soils with pH ranging from 6.9 to 7.7 (mean pH = 7.2) among samples. Other correlates of high pH among soil samples include low organic matter (mean = 8.5%), which when high, facilitates soil acidification, and relatively low levels of iron (mean = 90.3 ppm), and aluminum (mean = 359.9 ppm). Further evidence of soil fertility is supported by high cation exchange capacity (i.e., total exchange capacity), values which ranged from 11.2 meq (milliequivalents)/100 g to 41.9 meq/100 g (mean = 23.4 meq/100 g) and 100% total base saturation among samples.

## COMMUNITY COMPOSITION

Sites identified are positioned on steep, linear slopes and adjacent sublevel uplands between tidal waters and agricultural fields. The plant community that

develops at these sites is characterized by having open canopies of *Quercus muehlenbergii*, a species more commonly associated with calcareous formations in the Ridge and Valley physiographic province and Piedmont outliers in Maryland. *Quercus muehlenbergii* was reported at 100% constancy and is dominant among all 14 sites. Relevé data collected at three vegetation sample plots indicate *Q. muehlenbergii* has a mean canopy cover of approximately 35%. Local site conditions such as proximity to agricultural fields or past land-use (e.g., logging) were inconsistent in regards to plant community development and canopy structure and vegetation composition was considerably heterogeneous among all sites. This is often the case in small-patch communities that are geographically isolated or require narrow requisite conditions. Species richness varies widely among sites ranging from four to 122 taxa and furthermore affirms the variability among sites. Alpha diversity, or mean species richness, among all sites is reported at 42 taxa. The total number of taxa, or gamma diversity, reported from all sites is 223 (Appendix I). Constant taxa (>75%) associated with *Q. muehlenbergii* in the canopy and subcanopy strata include *Celtis occidentalis* and *Ostrya virginiana*. Of these, *O. virginiana* attained greater canopy coverage at 38% in the relevé data. *Fraxinus americana*, *Carya cordiformis*, and *Juniperus virginiana* var. *virginiana* occur at moderate frequency in the canopy and subcanopy strata at more than 50% of sites surveyed. Occasional individuals of *Tilia americana* var. *americana*, *Quercus rubra*, *Quercus falcata*, *Quercus montana*, *Carya glabra*, *Fagus grandifolia*, *Liriodendron tulipifera*, and *Prunus serotina* var. *serotina* were reported from stands as infrequent low cover associates. The small tree and shrub strata (<6 m [~19 ft]) is variable in composition and density. Frequent taxa in the small tree and shrub strata include *Viburnum prunifolium*, *Cercis canadensis* var. *canadensis*, *Cornus florida*, *Juniperus virginiana* var. *virginiana*, and *Ulmus rubra*.

The herbaceous stratum includes a diverse, patchily distributed mixture of forbs and graminoids adapted to sub-xeric to xeric soil conditions, and to soils with a high base status. This stratum accounts for 167 taxa, or 75% of all species documented from these sites. Graminoids such as *Elymus villosus*, *Elymus hystrix* var. *hystrix*, and *Bromus pubescens* are characteristic taxa and occur in 50% or more of stands. Infrequent taxa such as *Bromus nottowanus*, *Tridens chapmanii*, *Elymus virginicus* var. *virginicus*, *Brachyelytrum erectum*, *Tridens flavus*, *Danthonia spicata*, *Avenella flexuosa*, *Poa compressa*, *Schizachyrium scoparium* var. *scoparium*, *Sporobolus clandestinus*, *Dichanthelium boscii*, and *Dichanthelium commutatum* var. *ashei* occur as low-cover associates. The forb component is also diverse and includes species such as *Aquilegia canadensis*, *Boechera laevigata* var. *laevigata*, *Ageratina altissima* var. *altissima*, and

*Solidago ulmifolia* var. *ulmifolia*. Other low cover associates that occur at lesser frequencies include *Asplenium platyneuron*, *Carex blanda*, *Menispermum canadense*, *Anemone virginiana* var. *virginiana*, *Bidens bipinnata*, *Carex cephalophora*, *Carex muehlenbergii*, *Solidago caesia*, *Antennaria plantaginifolia*, *Carex rosea*, *Galium circaezans*, *Hackelia virginiana*, *Micranthes virginiensis*, and *Myosotis macrosperma*.

#### PLANT COMMUNITY CLASSIFICATION

In 2007, quantitative vegetation sample plot data collected at Still Pond Creek and Worton Creek were combined in a large 1,250-plot regional dataset analysis for the National Capital Region and Mid-Atlantic National Parks vegetation mapping projects (NatureServe, in prep.). These projects span the Ridge and Valley, Blue Ridge, Piedmont, and Coastal Plain physiographic provinces of Maryland, Virginia, and West Virginia and account for the mapping of over 67,000 hectares (165,000 acres) of National Park Service land. These data and data from 22 plots in Virginia emerged from the analysis as a distinct vegetation group of highly calcareous settings with floristic similarities scattered throughout the Coastal Plain of Maryland and Virginia. Following guidelines for describing associations and alliances of the NVC (ESA 2004), a concept was developed based on these data for the *Quercus muehlenbergii* / *Cercis canadensis* / *Dichantheium boscii* – *Bromus pubescens* – *Erigeron pulchellus* var. *pulchellus* - *Aquilegia canadensis* Forest (NVC Identifier Code CEG007748). This association is recognized as a globally rare forest type (NatureServe 2011) because of small patch size, limited distribution (i.e., Coastal Plain of Maryland and Virginia), and the degraded or vulnerable nature of many contemporary stands.

In Virginia, this vegetation is known from a wide area of the inner Coastal Plain, from Stafford and Westmoreland Counties on the north to James City, Surry, and York Counties, and the City of Suffolk in southeastern Virginia. Initially, the Virginia habitats were thought to develop on dry, steep, convex, south-facing slopes of deep ravines and stream-fronting bluffs incised into Pliocene and Miocene shell deposits or lime-sands, primarily of the calcium-rich Yorktown Formation (pers. comm. Gary Fleming 2004, NatureServe 2011). However, recent discussions regarding this vegetation association between the second author and Gary Fleming of the Virginia Natural Heritage Program, have clarified the environmental context of Virginia stands. According to Fleming's research, it now appears that six of the 18 known Virginia stands have also developed over shell-middens of Native American origin, while the remaining 12

stands occur on natural calcareous deposits of several Tertiary and Quaternary Formations in non-estuarine settings (pers. comm. Gary Fleming 2011). As in Virginia, similar vegetation has also been reported over natural calcareous deposits of Tertiary age (i.e., Aquia Formation) at Fort Washington National Historical Park on the inner Coastal Plain of Maryland. Here, stands occupy dry, steep, convex slopes with southerly aspects much like the Virginia stands. Both Fleming and the second author agree that species composition among Maryland and Virginia stands of this vegetation association over shell-middens and Tertiary or Quaternary Formations are similar enough to be recognized as a single vegetation type despite slightly variable landscape settings. Interestingly, these findings demonstrate a possible ecological relationship among stands of shell-middens and those of natural calcareous deposits. A likely scenario is shell-middens locally serve as surrogate habitats with requisite conditions for plants otherwise restricted to plant communities of natural calcareous deposits. Further research is needed to fully understand this relationship and subsequent development of plant communities over shell-middens of Native American origin.

## BOTANICAL RESULTS

### SUMMATION OF THE FLORA

The results of this study found that Native American shell-middens on the Delmarva Peninsula support 223 species, subspecies and varieties of native (202) and non-native (21) vascular plants [192 species and 31 subspecies and varieties (Appendix I)], represented by 74 families and 149 genera. The largest families (Table 3) are: Asteraceae (28 taxa), Poaceae (28 taxa), Cyperaceae (18 taxa), and Fagaceae (11 taxa). The largest genera (Table 3) are: *Carex* (15 taxa), *Quercus* (10 taxa), and *Solidago* (6 taxa). Eighty-seven (87) taxa documented are thought to be rare or uncommon on the Delmarva (Appendix I). Of this figure, 21 taxa are new additions to the native flora of the Delmarva Peninsula [based on the literature (Tatnall 1946, Brown & Brown 1972, Brown & Brown 1984), and herbaria searches], and are reported here for the first time (Appendix I, highlighted in bold). Four taxa documented from shell-middens on the Delmarva are Maryland state listed species (Appendix I), and one species was a new addition to the native flora of the state of Maryland [*Tridens chapmani* (Appendix I)]. All rare and uncommon species have been vouchered, with specimens deposited at the Claude Phillips Herbarium [DOV (herbarium acronyms follow Index Herbariorum 2010)], Delaware State University, Dover, Delaware.

**Table 3.** Largest families and genera of the flora of Native American shell-middens on the Delmarva Peninsula.

Family	No. of Taxa	Genera	No. of Taxa
Asteraceae	28	<i>Carex</i>	15
Poaceae	28	<i>Quercus</i>	10
Cyperaceae	18	<i>Solidago</i>	6
Fagaceae	11		
Fabaceae	9		
Rosaceae	9		
Lamiaceae	7		
Apocynaceae	6		
Brassicaceae	6		
Apiaceae	5		
Caprifoliaceae	5		

## DISCUSSION

The results of this study found that Native American shell-middens on the Delmarva Peninsula support a high diversity of plants, with 202 native taxa documented (Appendix I). Of this figure, 21 taxa are new additions to the flora of the Delmarva and 87 are thought to be rare or uncommon on the Peninsula [43% of the flora (Appendix I)].

As suggested by soil chemistry analyses, the presence of abundant calcium in the soil from oyster shells is likely the principal environmental factor determining the floristic composition of the Native American shell-middens on the Delmarva Peninsula. Over time, as the shells decompose, they slowly release calcium carbonate into the surrounding soil creating a highly fertile and circumneutral soil (McMillan 2003). As discussed above, 10 soil samples were taken from 4 of the 14 sites documented, and analysis found that the average soil pH for Delmarva shell-middens was 7.2 (Table 2). The most productive soils have intermediate pH values, being not too acidic and not too alkaline, a pH range of perhaps 6.0 to 7.2 is most suitable for plant growth (Brady 1990), and favors the activity of a number of soil organisms, particularly the nitrifying bacteria (Riefner & Hill 1984). The fertility of calcium rich soils and associated high plant species diversity has been shown in Hill (1992), where he listed 161 species of plants that primarily occur on calcareous habitats in South Carolina. Additionally, Boone (1984) and Riefner & Hill (1984) collectively, listed 86 species of rare plants that are found on limestone formations in Maryland.

There is scarce information available in the literature on the physiology of most plants to prove calcium dependency, but of the 202 native taxa documented from shell-middens on the Delmarva Peninsula (Appendix I), 58 (Appendix I) have been reported by various sources as typically occurring in calcareous habitats in parts of their ranges (Fernald, 1950; Boone, 1984; Riefner & Hill, 1984; Gleason & Cronquist, 1991; Hill, 1992; Simmons et al., 1995; Simmons, 1999; Stalter et al., 1999; Steury, 2001; Stalter & Kincaid, 2004; Weakley, 2010). In these sources, habitat descriptions such as: “limestone formations,” “calcium-rich soils,” “calcareous woods,” “soils over basic rocks,” “circumneutral soils,” “calcareous soils,” “basic soils,” “calcareous deposits,” “soils over mafic rocks” and “over limestone” have been used. Though these species may not be obligate calciphytes in some geographic areas, in this paper they will be referred to as calciphytes.

Calcareous soils on the Chesapeake Bay Coastal Plain of the Delmarva Peninsula, the inner Coastal Plain of the Western Shore of Maryland, and the northern and southeastern Coastal Plain of Virginia are rare, but do exist in areas containing fossiliferous, calcareous shell deposits. These deposits are found in geologic formations created during the Tertiary Era, about 65 to 2 MYBP (Cleaves et al. 1968; VDMR 1993). Formations such as the Aquia, Brightseat, Hornerstown, Piney Point, Yorktown, Calvert, St. Mary’s, and Choptank all contain prominent shell beds in addition to other geologic material (Cleaves et al. 1968, VDMR 1993), and when these formations are close to the surface, or when streams or rivers have down-cut into them, nutrient rich, circumneutral soils develop that favor plant growth and the development of unique calcareous plant communities. An example of a calcareous habitat on the Western Shore of Maryland is the Shell-Marl Ravine Forest [rich forests in deep ravines on highly fertile soil, pH = 6.5 (Simmons 1999; Steury 2001)]. Several examples of calcareous habitat in northern and southeastern Virginia include: Coastal Plain Calcareous Ravine Forest [rich mesophytic to submesophytic forests of calcareous ravines (Fleming & Patterson 2010)]; Coastal Plain Dry Calcareous Forest [fertile, sub-xeric to xeric forests on slopes of deep ravines or stream-fronting bluffs; soils are slightly acidic to circumneutral, with high calcium levels, average pH value = 6.5 (Fleming and Patterson 2010)]; and Coastal Plain Basic Mesic Hardwood Forest [mesophytic forests of sheltered ravines and slopes with base-rich soils in the northern portions of the Coastal Plain (Fleming and Patterson 2010)]. Calcareous habitats on the Delmarva Peninsula are locally known as Coastal Plain Rich-Woods. Though biotic and abiotic differences exist, the second author has included this community in the Coastal Plain Basic Mesic Hardwood Forest (Harrison 2011), as described in Virginia (Fleming & Patterson

2010). Though the soil pH values of Coastal Plain Rich-Woods of the Delmarva tend to be lower than neutral (7.0), pH values have been measured up to 6.8.

In researching the distribution of the calciphytic plants of the Delmarva shell-middens (Appendix I), the various sources consulted (Fernald 1950; Brown & Brown 1984; Gleason & Cronquist 1991; VBA 2006; Weakley 2010; Kartesz 2011) show that these species are all rare or uncommon on the Atlantic Coastal Plain and more commonly occur in habitats of the Piedmont or Mountain provinces of the eastern United States. So the question arises, why are these plants growing on the Coastal Plain of the Delmarva Peninsula in such rare and isolated habitats and how did they get here?

Modern-day distributions of organisms have direct links to the past, both recent and ancient, and plant migrations, especially local migrations are due to changes in the environment (Sauer 1988). The discarding of oyster shells by Native Americans over thousands of years in local upland areas was clearly a major disturbance. Existing vegetation was likely trampled, or possibly cleared intentionally during shellfish harvesting and processing (cooking and eating). These perturbations likely created an open, sunny area that was sparsely vegetated, and in conjunction with oyster shells influencing soil chemistry, an environment was created that was attractive to calcium-loving plants and gave these species an opportunity to colonize a new habitat. Thus, events of the past, condition where plants grow today.

Reznicek (1994) analyzed the disjunct Coastal Plain flora of the glaciated Great Lakes region and proposed that these species migrated into the region through “dispersal jumps” of varying distances between areas of suitable habitat. The authors here accept this same proposal as to how calcareous plants with Mountain and Piedmont affinities may have migrated to the Delmarva Coastal Plain shell-middens. Suitable habitat for dispersal jumps within the Chesapeake Bay region would include habitats previously described: Shell-Marl Ravine Forests of the Western Shore of Maryland, Coastal Plain Calcareous Ravine Forest, Coastal Plain Dry Calcareous Forest, and the Coastal Plain Basic Mesic Hardwood Forest of northern and southeastern Virginia, and the Coastal Plain Rich-Woods of the Delmarva Peninsula. In fact, when comparing the calcareous shell-midden plants of the Delmarva with species found in these calcareous habitats, it was found that they have much in common in regards to plant species composition. For example, there are 138 native species of the Coastal Plain Dry Calcareous Forests of northern and southeast Virginia that are also common to Delmarva shell-middens (unpublished plot data, Virginia Natural Heritage Program 2010). Similarly, there are 27 species of plants from the Shell-Marl Ravine Forests of the Western Shore of Maryland (Simmons 1999; Steury 2001)

that also occur on Delmarva shell-middens. Furthermore, there are 40 species that are found in Coastal Plain Rich-Woods of the Delmarva that were also found on shell-middens (20 years of unpublished field data collected by the first author). These commonalities in plant species composition between Delmarva shell-middens and other calcareous habitats of the Chesapeake Bay region, further suggests these habitats were used for dispersal jumps to Delmarva shell-middens. In addition, the thousands of shell-middens that may have once existed around the shorelines of the Delmarva Peninsula, but have been lost or degraded due to sea level rise, shoreline erosion, mining, and development, could have provided ample opportunities for these plants to colonize and continue to migrate to other middens. Winds, currents, tides, floods, mammals, and birds are likely some of the environmental elements responsible for the migration and establishment of calcareous plants on the Delmarva shell-middens, but Native Americans may also have had a hand in introducing some of these species. For example, perhaps some of these species were used medicinally or for cooking by the natives, and propagules were either intentionally or unintentionally transported to sites where shell-middens were created.

Based on terrestrial archaeological research done by Lowery (2005 and 2010), we can estimate the time period when the flora and plant community of Delmarva shell-middens likely began to develop. Current data indicates that Native American populations on the Delmarva Peninsula were using estuarine and marine shellfish resources as early as the terminal Late Archaic Period [3,800 – 3,200 YBP], and the use of these resources continued until the Contact Period [400 - 300 YBP (Lowery 2005 and 2010)]. However, exploitation of shellfish by Native American populations intensified during the Middle Woodland Period (2,000 – 1,000 YBP) to the Late Woodland Period [1,000 - 400 YBP (Lowery 2005)]. Therefore, the flora of shell-middens on the Delmarva could have begun to develop as late as 3,800 years ago, or more likely 2000 to 400 years ago, during the Middle to Late Woodland Periods when the greatest amounts of shellfish were being harvested. Occupation of areas where shell-middens were created were usually intermittent and may have been inactive for years while oyster beds replenished themselves after continual harvesting (pers. comm. Darrin Lowery 2011), subsequently, plants may have been able to establish and spread during periods when an area was not occupied. Comparable ages of shell-middens have been found in other parts of the country: Karalius and Alpert (2009) found shell-middens along the California coast to be at least 2000 years old; McMillan (2003) reported that shell-middens in South Carolina are approximately 2000 to 4000 years old; and Stalter et al. (1999) made note that shell-middens in South Carolina and Georgia have been carbon-dated at about 3,100 to 3,900



years.

According to Jacobson et al. (1987), with the last remaining ice in northeastern Canada completely melted around 6000 years ago, broad patterns of vegetation (e.g., southeastern evergreen forests) in eastern North America began to approach modern-day conditions. When the flora of the Delmarva shell-middens first began to develop when speculated, during the Late Archaic Period (3,800 – 3,200 YBP), research suggests there were a series of climatic changes (Lowery 2005). During the Early Woodland Period (3,200 - 2000 YBP) the climate was wet and cold (Lowery 2005). The Middle Woodland Period (2,000 – 1,000 YBP) initially had a climate that was warm with wet conditions, and then changed to warm and dry conditions (Lowery 2005). The climate of the Late Woodland Period to the Contact Period (1,000 - 400 YBP), transitioned from warm and dry conditions, to a period of colder winter temperatures, along with periods of prolonged droughts (Lowery 2005).

From a geologic perspective, the Chesapeake Bay is a relatively recent phenomenon. The Bay itself began to form about 10,000 years ago when rising sea levels at the end of the last ice age flooded the area known as the Susquehanna River Valley (Reshetiloff 2004). The Chesapeake Bay assumed its present shape about 3,000 years ago (Reshetiloff 2004). When Native Americans were harvesting oysters from the Bay about 3,800 years ago, the Bay was significantly narrower than it is today. Water levels were about 25 feet lower than the present (pers. comm. Darrin Lowery 2011) and were between 3 and 8 feet lower 1,000 to 2,000 years ago (pers. comm. Darrin Lowery 2011) when the Delmarva middens may have been near their peak of construction. Today, the average depth of the Bay is 21 feet (Reshetiloff 2004), therefore, plant propagules may not have had to migrate over a vast area to reach the Eastern Shore of the Bay from the Western Shore. However, plants did not necessarily need to migrate across the Bay west-to-east to reach calcareous habitats and shell-middens on the Delmarva, but could migrate to the north of the Bay through upland areas in Cecil Co., Maryland, and then move south finding Coastal Plain Rich-Woods and already established shell-middens.

Solbrig (1972) discusses the use of the term “disjunct” and points out that range disjunctions usually refer to large discontinuities in the distribution of a species, but there is no standard as to what scale of discontinuity qualifies as a range disjunction. As a result, we see the term applied equally to small discontinuities in the order of perhaps 100 miles, and to large ones involving thousands of miles. As mentioned previously, the calciphytic plants of the Delmarva shell-middens are all rare on the Atlantic Coastal Plain and have closer affinities with habitats of the Mountain and Piedmont provinces, so in the

broad sense, it maybe that the calciphytes of the Delmarva shell-middens are all disjunct to some degree, but in the narrow sense, perhaps the only true disjunct found on Delmarva shell-middens would be *Zizia trifoliata*, where it was discovered from a shell-midden on the outer-Coastal Plain in Dorchester Co., Maryland. Prior to this discovery, the species was only found in Maryland at higher elevations in the western part of the state in Garrett County (Brown and Brown 1984, Kartesz 2011, pers. comm. W. Knapp 2011). *Zizia trifoliata* is a southern species, here on the Delmarva near its northern extreme and is primarily a Mountain and Piedmont plant, where it ranges from West Virginia and south to Georgia (Weakley 2010). On the Coastal Plain it is rare, where it is found from Virginia [inner Coastal Plain, one county, Henrico (pers. comm. J. Townsend 2011, Weakley 2010)], and south to Florida (Weakley 2010). So the Dorchester Co. occurrence is considerably removed from its closest populations in Maryland [about 322 kilometers (200 miles) southeast from the center of Garrett Co., Maryland (Google Earth 2007)], and Virginia [about 161 kilometers (100 miles) northeast from the center of Henrico Co., Virginia (Google Earth 2007)]. Solbrig (1972) also adds that the interruption in the range of a species can have two origins: (1) the range was once continuous and the intermediate populations have become extinct, and (2) the range was never continuous and the disjunct populations have become established with the aid of some event that carried the propagules over the landscape. Due to the infrequent occurrence of calcareous habitats within the Chesapeake Bay Coastal Plain, the range of calciphytes within the region was likely never continuous, so the second type of origin would likely apply to the Delmarva shell-midden flora.

As discussed above, the soils of all 14 shell-midden sites documented are mapped as moderate, to well drained loams of sand and silt that range in acidity from strongly, to extremely acidic. Additionally, several of the sites (e.g., Still Pond Creek, Transquaking River) have warm aspects (south or west facing slopes). Due to the soil conditions just described, as well as the warm aspects of some sites, a number of shell-midden species occur more widely in sub-xeric to xeric habitat conditions on the Delmarva and are not considered to be calciphytes (Appendix I). When Native Americans were harvesting oysters from the Chesapeake Bay, the soils of the adjacent upland sites they selected for processing the oysters, prior to oyster shell decomposition, were either very similar or identical to what was just previously described. At that time, these soils likely supported the drought-tolerant species that are found today, such as *Commelina erecta*, *Opuntia humifusa*, *Vaccinium stamineum* and *Carya pallida*. With the creation of shell-middens and the subsequent decomposition of oyster shells, soil conditions were changed locally within a site (i.e., circumneutral pH), but the

well-drained sand and silt loams remained and the sub-xeric to xeric plant species persisted.

Several studies on the flora and ecology of Native American shell-middens have been conducted in the past (Brown 1936; Laessle 1942; Dorroh 1971; Norman 1976; Eleuterius & Otvos 1979; Stein 1992; Stalter et al. 1999; Stalter & Kincaid 2004; Karalius & Alpert 2009). Stein (1992) points out that shell-middens are found in nearly every coastal area of the world, and that all shell-middens have certain properties in common: the shells primarily come from freshwater or marine animals, and sites are usually located adjacent to aquatic environments. In Mississippi, Eleuterius (1979) noted an array of plant species previously unreported from the state that were growing on shell-middens and that most were calcium-loving species. Stalter and Kincaid (2004) examined five shell-middens in Florida, and found that they all occupy high ground immediately adjacent to tidal creeks and salt marshes, are composed almost exclusively of oysters and collectively, support 190 species of plants.

In searching herbaria (BALT, DOV, MARY and PH) for early collections of rare shell-midden plants on the Delmarva, the only collections uncovered that gave any indication of shell-midden habitat were two specimens of *Quercus muehlenbergii*, both from Talbot County, Maryland (E. Earle 3776, 1942, PH; E. Earle 3863, 1943, PH). The labels from both collections point out that the plants were collected on “shell-bearing soil,” that was “dry” and were on “banks” along tidal rivers. A series of collections made by P. Gladu in 1965 from Kent Co., Maryland [*Cercis canadensis*, *Cornus racemosa*, *Ostrya virginiana*, *Quercus muehlenbergii*, *Solidago ulmifolia*, *Ulmus rubra*, *Viburnum prunifolium* (MARY, no numbers assigned)], are species typical of shell-midden habitat on the Delmarva and were collected from an area where the authors had also identified shell-midden habitat. When cross-checking the rare shell-midden plants that were discovered during this study in Robert Tatnall’s *Flora of Delaware and the Eastern Shore* (1946), no citations were found that indicated the existence of shell-midden habitat.

Native American shell-middens on the Delmarva Peninsula are rare natural and cultural resources that should receive high priority for conservation and protection. As noted earlier in the text, 21 species of non-native plants were documented from the shell-middens on the Delmarva (Appendix I), many of which are invasive, such as: *Ailanthus altissima*, *Alliaria petiolata* and *Microstegium vimineum*. The adjacency to agricultural lands of several of the shell-midden sites provides a greater opportunity for non-native plants to find their way to shell-middens and become established. Plans to control non-native invasive species should be developed in order to maintain the unique and rare

native flora of these habitats. Extant shell-middens that have developed a characteristic calcareous plant community on the Delmarva are very rare, and if a population of a rare calciphyte were to die-out due to displacement by non-native invasive species, there may not be a seed source close enough for re-establishment to take place.

#### ACKNOWLEDGMENTS

The authors would like to thank Rob Naczi, Tony Reznicek, Richard Stalter, Janet Ebert, Jack Holt, Charles Hall and Cherie Clark for their assistance in various aspects of this study; Wes Knapp of the Wildlife and Heritage Services, Maryland Dept. of Natural Resources for his help with field surveys and plant identifications; Gary Fleming, vegetation ecologist with the Virginia Natural Heritage Program for sharing his knowledge, data, and insightful review of the manuscript; Ann Wheeler of the Carter Library and Information Resource Center at the Maryland Department of Natural Resources for assistance in locating historical maps and documents; and Ed Taylor, Albert Nickerson, Francis J. Hickman, Austin and Margery Reed, Alan Eliason, Webb C. Blevins, and Phil McGovern for granting permission to access study sites. We are also sincerely indebted to Dr. Darrin Lowery for sharing his extensive knowledge of shell-middens and Native American culture. Finally, we are especially appreciative of the geological knowledge and insight shared by the late John M. Wilson of the Maryland Geological Survey.

#### LITERATURE CITED

- Brady, N. C. 1990. *The Nature and Properties of Soil*. Macmillan Publishing Co., New York.
- Bailey, R. G. 1995. *Ecoregions of the United States*. USDA Forest Service, Ft. Collins, CO.
- Boone, D. D. 1984. *Rare and Uncommon Maryland Plants Associated with Limestone Formations*. Maryland Natural Heritage Program, Special Publication 84-1, 1984, Maryland Department of Natural Resources, (Annapolis).
- Sauer, J. D. 1988. *Plant Migration*. University of California Press. Riefner, R. E., and S.R. Hill. 1984. Ecology and floristics of limestone areas: an important habitat for Maryland plants.

- Brown, C. A. 1936. *The Vegetation of the Indian Mounds, Middens, and Marshes in Plaquemines and St. Bernard Parishes*. Dept. of Conservation-Louisiana Geological Survey 8: 423-440.
- Brown, M. L., and R.G. Brown. 1972. *Woody Plants of Maryland*. Port City Press, Baltimore, Maryland.
- Brown, M. L., and R. G. Brown. 1984. *Herbaceous Plants of Maryland*. Port City Press, Baltimore, Maryland.
- Cleaves, E. T., J. Edwards, and J. D. Glaser. 1968. *Geologic Map of Maryland*. Maryland Department of Natural Resources, Maryland Geological Survey. Baltimore: Maryland.
- Dorroh, R. J. 1971. *The Vegetation of Indian Shell Mounds and Rings of the South Carolina Coast*. Unpublished Masters of Science Thesis. Dept. of Biology, U. of S. Carolina, Columbia.
- Ducatel, J. T., and J. H. Alexander. 1834. *Report on the new map of Maryland*. Maryland House of Delegates, December session, Annapolis, Maryland.
- Eleuterius, L. N. and L. G. Otvos. 1979. Floristic and geologic aspects of Indian middens in salt marshes of Hancock Co. Miss. *Sida* 8:102-112.
- ESA (Ecological Society of America). 2004. *Guidelines for Describing Associations and Alliances of the U.S. National Vegetation Classification*. Version 4.0.
- ESRI (Environmental Systems Research Institute). 2006. ArcGis 9.2 Software. Redlands, California: Environmental Research System Institute.
- Fernald, M. L. 1950. *Gray's Manual of Botany*, 8th (centennial) edition. Corrected printing, 1970. D. Van Nostrand Co., New York, N.Y.
- Fleming, Gary P. and Karen D. Patterson 2010. *Natural Communities of Virginia: Ecological Groups and Community Types*. Natural Heritage Technical Report 10-11. Virginia Department of Conservation and Recreation, Division of Natural Heritage, Richmond, Virginia.
- Gleason, H. A., and A. Cronquist. 1991. *Manual of Vascular Plants of Northeastern United States and Adjacent Canada*, second edition. New York Botanical Garden, Bronx, NY.
- Google Earth. 2007. Accessed 16 May 2011. Garrett Co., Maryland: N 39 33 18.08 – W 79 14 29.69; Henrico Co., Virginia: N 37 41 31.42 – W 77 08 43.01.
- Harrison, Jason W. 2011. *The Natural Communities of Maryland: 2011 Working list of Ecological Community Groups and Community Types*. Maryland Department of Natural Resources, Wildlife and Heritage Service, Natural Heritage Program, Annapolis, Maryland. Unpublished report.

- Hill, S. R. 1992. Calciphiles and calcareous habitats of South Carolina. *Castanea* 57: 25-33.
- Index Herbariorum. 2010 Retrieved 2 March 2010 from the New York Botanical Gardens. <<http://sweetgum.nybg.org/ih/>>
- Jacobson, G. L., T. Webb, and E. C. Grimm. 1987. Patterns and rates of vegetation change during the deglaciation of eastern North America. **In:** *The Geology of North America*, Vol. K-3, Chapter 13. The Geological Society of America.
- Jordan, F. 1906. *Aboriginal Fishing Stations on the Coast of the Middle Atlantic States*. New Era Printing Co., Lancaster, PA.
- Karalius, T., and P. Alpert. 2009. High abundance of introduced plants on ancient Native American middens. *Biological Invasions*, published online, 22 July 2009: <http://www.springerlink.com/content/9nh1511623150344/>.
- Kartesz, J. T. 2011. *The Biota of North America Program (BONAP)*. *North American Plant Atlas* (<http://www.bonap.org/MapSwitchboard.html>). Chapel Hill, N.C.
- Laessle, A. M. 1942. The shell mound at Orange Point. In the plant communities of the Welaka area. *University of Florida Publication, Biology Science Series* 4:59-60.
- Lowery, D. L. 2005. *Archaeological Survey of the Fishing Bay and Fairmount State Wildlife Management Areas, Dorchester and Somerset Counties, Maryland*. Washington College, Chestertown, Maryland.
- Lowery, D. L. 2010. *Phase I Archaeological Survey of the Bay Hundred District within Talbot County, Maryland*. Manuscript on file at the Maryland Historical Trust, Crownsville, Maryland.
- Matthews, E., D. William and U. Reybold. 1966. *Soil Survey of Queen Annes County, Maryland*. United States Department of Agriculture, Soil Conservation Service, Maryland Agricultural Experiment Station, and Queen Annes Soil Conservation District.
- McMillan, P. 2003. Indian shell middens. *South Carolina Association of Naturalists Newsletter*, July.
- Mehlich, A., 1984. Mehlich III soil test extraction modification of Mehlich II extractant. *Communications in Soil Science and Plant Analysis* 15:1409-1416.
- Miller, B. L., Stephenson, L. W., and Arthur Bibbins, 1915, Map of Queen Anne's County showing the geologic formations: Maryland Geological Survey, County Geologic Maps, scale 1:62,500.
- Miller, B. L., J.A. Bonsteel, R. Nunn, N.C. Grover, L.A. Bauer, and F.W. Besley. 1926. *Kent County*. Maryland Geological Survey. Baltimore, MD.

- Minard, J. P. 1974. *Geology of the Betterton Quadrangle, Kent County, Maryland, and a Discussion of the Regional Stratigraphy*. United States Department of the Interior. United States Geological Survey.
- Moorehead, W. K., R. B. Hill, A. B. Skinner, T. B. Stewart, and W. B. Marye. 1938. *A Report on the Susquehanna River Expedition*. Andover Press (Andover, MA).
- NatureServe. 2011. NatureServe Explorer: An online encyclopedia of life [web application]. Version 7.1. NatureServe, Arlington, Virginia. Available <http://www.natureserve.org/explorer>. Accessed April 29, 2011.
- NatureServe. In prep. Vegetation classification and map of National Capital Region (NCR) national parks. USGS / NPS Vegetation Mapping Program.
- Norman, E. M. 1976. An analysis of vegetation at Turtle Mound. *Florida Scientist* 39:19-31.
- NRCS (Natural Resources Conservation Service). 1998. Soil Quality Information Sheet. Soil Quality Indicators: pH. 2 pages. Retrieved from <http://soils.usda.gov/sqi/publications/files/indicate.pdf>.
- NRCS. 2011. (Natural Resources Conservation Service) Web Soil Survey. Available online at <http://websoilsurvey.nrcs.usda.gov/>. Accessed March 28, 2011.
- Owens, J. P. and C.S. Denny. 1986. *Geologic Map of Dorchester County*. Maryland Geological Survey, scale 1:62,500.
- Peet, R. K., Wentworth, T.R. & White, P.S., 1998. A Flexible, Multipurpose Method for Recording Vegetation Composition and Structure. *Castanea*, 63(3):262-274.
- Reshetiloff, K., Editor. 2004. *Chesapeake Bay, Introduction to an Ecosystem*. Chesapeake Bay Program, Annapolis, Maryland. Report Number: EPA 903-R-04-003 and CBP/TRS 232/00.
- Reznicek, A. A. 1994. The disjunct Coastal Plain flora in the Great Lakes Region. *Biological Conservation* 68: 203-215.
- Riefner, R.E., and S.R. Hill. 1984. *Ecology and Floristics of Limestone Areas: An Important Habitat for Maryland Plants*. Maryland Natural Heritage Program, Special Publication 84-1, 1984, Maryland Department of Natural Resources (Annapolis).
- Sauer, J.D. 1988. *Plant Migration*. University of California Press (Berkeley and Los Angeles, California).
- Simmons, M. P., D.M.E. Ware, and J. Hayden. 1995. The vascular flora of the Potomac River watershed of King George County, Virginia. *Castanea* 60(3):179-209.

- Simmons, R. 1999. Associated flora of the Chapman Shell-Marl Ravine Forest. *Native News*, newsletter of the Maryland Native Plant Society 7(1): 6-15.
- Solbrig, O. T. 1972. Disjunctions in plants. *Annals of the Missouri Botanical Garden* 59(2):105-106.
- Stalter, R., M. Leyva, and D.T. Kincaid. 1999. The flora of Indian shell rings from coastal South Carolina to northern Florida. *Sida* 18(3):861-875.
- Stalter, R., and D. Kincaid. 2004. The vascular flora of five Florida shell-middens. *Journal of the Torrey Botanical Society* 131 (1):93-103.
- Steury, B. 2001. The Accokeek Creek Shell-Marl Ravine Forest. *Marilandica*, newsletter of the Maryland Native Plant Society, 8(1):2-3.
- Stein, J. K. 1992. *The Analysis of Shell-middens in Deciphering a Shell Midden*. Academic Press, Inc.
- Tatnall, R. 1946. *Flora of Delaware and the Eastern Shore: An Annotated List of the Ferns and Flowering Plants of the Peninsula of Delaware, Maryland and Virginia*. The Society of Natural History of Delaware, Wilmington, Delaware.
- The Nature Conservancy. 2002. *Chesapeake Bay Lowlands Ecoregion Plan*. Arlington, Virginia.
- USGS (United States Geological Survey. 1973-1986. *Betterton, Chestertown, Chicomicomico River, and Hanesville quadrangle maps*, Kent, Queen Anne's, and Dorchester counties, Maryland. 7.5 min series (topographic). United States Geological Survey, Reston, Virginia.
- VBA (Virginia Botanical Associates). 2006. Digital atlas of the flora of Virginia. [http://www.biol.vt.edu/digital\\_atlas/](http://www.biol.vt.edu/digital_atlas/). Accessed 16 May 2011.
- VDMR (Virginia Division of Mineral Resources). 1993. *Geologic Map of Virginia*. Virginia Division of Mineral Resources, scale 1:500,000. Richmond, Virginia.
- Ward, L. W. and D. S. Powars. 2004. Tertiary Lithology and Paleontology, Chesapeake Bay Region. *Geology of the National Capital Region. Fieldtrip Guidebook*. United States Department of Interior. United States Geological Survey. Chapter 9.
- Weakley, A. S. 2010. *Flora of the Carolinas, Virginia, Georgia, and Surrounding Areas*, working draft of 8 March 2010. University of North Carolina Herbarium (NCU), North Carolina Botanical Garden, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina. <http://herbarium.unc.edu/flora.htm>
- White, Edgar A., 1982. *Soil Survey of Kent County, Maryland*. United States Department of Agriculture. Soil Conservation Service, Maryland Agricultural Experiment Station, and Kent Soil Conservation District.



## APPENDIX I

**Appendix I:** Native and non-native taxa documented from Native American shell-middens on the Delmarva Peninsula. List is organized by *Ferns*, *Gymnosperms*, *Monocotyledons* and, *Dicotyledons*. Within these groups, listings are organized alphabetically by family, genus and species. Source of botanical nomenclature follows Weakley (2010). The **Frequency of Occurrence** or the number of sites each species was recorded from is given. The **Delmarva Status** (rare, uncommon, common, non-native) of each species relative to the Delmarva Peninsula is also provided. Rare and uncommon Delmarva status is based on the collection record, the literature, consultations with knowledgeable individuals, and the professional judgment of the first author. Delmarva status subscript “1” applies to Maryland state listed species. Refer to the following website for Maryland ranking criteria [Code of Maryland Regulations (COMAR) 08.03.08.]: <http://www.dsd.state.md.us/comar/subtitlessearch.aspx?search=08.03.08>. Species **new** to the flora of the Delmarva Peninsula are **highlighted in bold**. Species that have been described in the literature as typically occurring on calcium-rich soils in parts of their ranges are marked as **Calciphyte**. Species that are typically found on **Sub-xeric to Xeric Soils** on the Delmarva are so marked.

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
<b>Ferns</b>				
ASPLENIACEAE				
<i>Asplenium platyneuron</i> (L.) B.S.P.	6	common		
DENNSTAEDTIACEAE				
<i>Pteridium aquilinum</i> (L.) Kuhn var. <i>latiusculum</i> (Desv.) Underwood ex Heller	1	common		<b>x</b>
DRYOPTERIDACEAE				
<i>Woodsia obtusa</i> (Spreng.) Torr. subsp. <i>obtusa</i>	1	rare	x	
EQUISETACEAE				
<i>Equisetum hyemale</i> L. subsp. <i>affine</i> (Engelm.) Calder & Taylor	1	rare		
<b>Gymnosperms</b>				
CUPRESSACEAE				
<i>Juniperus virginiana</i> L. var. <i>virginiana</i>	6	common		<b>x</b>
PINACEAE				
<i>Pinus taeda</i> L.	1	common		
<i>Pinus virginiana</i> P. Mill.	3	common		<b>x</b>
<b>Monocotyledons</b>				
ALLIACEAE				
<i>Allium canadense</i> L. var. <i>canadense</i>	1	uncommon		
ARACEAE				
<i>Arisaema dracontium</i> (L.) Schott	1	rare	x	
COLCHICACEAE				
<i>Uvularia perfoliata</i> L.	2	uncommon		
<i>Uvularia sessilifolia</i> L.	1	common		
COMMELINACEAE				
<i>Commelina erecta</i> L.	1	rare		<b>x</b>

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
CYPERACEAE				
<i>Carex albicans</i> Willd. ex Spreng. var. <i>albicans</i>	2	common		
<i>Carex blanda</i> Dewey	8	common		
<i>Carex cephalophora</i> Muhl. ex Willd.	5	common		
<i>Carex digitalis</i> Willd. var. <i>digitalis</i>	2	common		
<i>Carex granularis</i> Muhl. ex Willd.	2	rare	x	
<b><i>Carex jamesii</i> Schwein.</b>	<b>3</b>	<b>rare</b>		
<i>Carex muehlenbergii</i> Schkuhr ex Willd. var. <i>enervis</i> Boott	3	rare	x	
<i>Carex muehlenbergii</i> Schkuhr ex Willd. var. <i>muehlenbergii</i>	5	common		x
<i>Carex nigromarginata</i> Schwein.	1	common		x
<b><i>Carex planispicata</i> Naczi</b>	<b>1</b>	<b>rare</b>		
<i>Carex rosea</i> Schkuhr ex Willd.	4	common		
<i>Carex sparganioides</i> Muhl.	1	rare		
<i>Carex striatula</i> Michx.	1	uncommon		
<i>Carex tonsa</i> (Fern.) Bickn. var. <i>tonsa</i>	2	common		x
<i>Carex umbellata</i> Schkuhr ex Willd.	1	common		x
<i>Cyperus lupulinus</i> (Spreng.) Marcks	1	common		x
<i>Cyperus refractus</i> Engelm. ex Boeckeler	1	rare		x
<i>Cyperus retrofractus</i> (L.) Torr.	1	rare		x
IRIDACEAE				
<i>Sisyrinchium angustifolium</i> Miller	4	common		
<i>Sisyrinchium mucronatum</i> Michx.	1	rare	x	
POACEAE				
<i>Avenella flexuosa</i> (L.) Drejer	4	common		x
<b><i>Brachyelytrum erectum</i> (Schreb.) P. Beauv.</b>	<b>1</b>	<b>rare</b>	<b>x</b>	
<i>Bromus japonicus</i> Thunb. ex Murr.	1	non-native		
<b><i>Bromus nottowanus</i> Fern.</b>	<b>1</b>	<b>rare</b>		
<b><i>Bromus pubescens</i> Muhl. ex Willd.</b>	<b>6</b>	<b>rare</b>	<b>x</b>	
<i>Danthonia spicata</i> (L.) Beauv. ex Roemer & J.A. Schultes	3	common		x
<i>Dichanthelium boscii</i> (Poiret) Gould & Clark	2	common		
<i>Dichanthelium commutatum</i> (Schult.) Gould var. <i>ashei</i> (Pearson ex Ashe) Mohlenbrock	2	common		x
<i>Dichanthelium dichotomum</i> (L.) Gould var. <i>dichotomum</i>	1	common		
<i>Dichanthelium oligosanthes</i> (Schult.) Gould var. <i>oligosanthes</i>	1	common		x
<i>Elymus hystrix</i> L. var. <i>hystrix</i>	6	rare	x	
<i>Elymus villosus</i> Muhl.	12	uncommon	x	
<i>Elymus virginicus</i> L. var. <i>virginicus</i>	5	common		
<i>Eragrostis spectabilis</i> (Pursh) Steud.	1	common		x
<i>Festuca rubra</i> L.	1	common		
<i>Festuca subverticillata</i> (Pers.) Alexeev	4	common		
<i>Microstegium vimineum</i> (Trin.) A. Camus	2	non-native		
<b><i>Muhlenbergia sobolifera</i> (Muhl. ex Willd.) Trin.</b>	<b>1</b>	<b>rare</b>	<b>x</b>	
<i>Piptochaetium avenaceum</i> (L.) Parodi	1	common		x

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
<i>Poa compressa</i> L.	4	non-native		
<b><i>Poa cuspidata</i> Nutt.</b>	<b>1</b>	<b>rare</b>	<b>x</b>	
<i>Poa sylvestris</i> A. Gray	1	rare	x	
<i>Schizachyrium scoparium</i> (Michx.) Nash var. <i>scoparium</i>	4	common		x
<i>Sphenopholis nitida</i> (Biehler) Scribn.	2	common		
<i>Sporobolus clandestinus</i> (Biehler) A.S. Hitchc.	1	rare <sup>1</sup>		<b>x</b>
<b><i>Tridens chapmanii</i> (Small) Chase</b>	<b>2</b>	<b>rare</b>		
<i>Tridens flavus</i> (L.) A. Hitchc.	4	common		
<i>Vulpia octoflora</i> (Walt.) Rydb.	1	common		<b>x</b>
RUSCACEAE				
<i>Polygonatum biflorum</i> (Walt.) Ell. var. <i>biflorum</i>	3	common		
SMILACACEAE				
<i>Smilax glauca</i> Walt.	3	common		<b>x</b>
<b><i>Smilax hispida</i> Muhl. ex Torr.</b>	<b>1</b>	<b>rare</b>	<b>x</b>	
<i>Smilax rotundifolia</i> L.	2	common		
<b><i>Dicotyledons</i></b>				
ACANTHACEAE				
<i>Ruellia caroliniensis</i> (J.F. Gmel.) Steud.	2	rare	x	
ALTINGIACEAE				
<i>Liquidambar styraciflua</i> L.	2	common		
ANACARDIACEAE				
<i>Toxicodendron radicans</i> (L.) Kuntze var. <i>radicans</i>	2	common		
ANNONACEAE				
<i>Asimina triloba</i> (L.) Dunal	5	common		
APIACEAE				
<i>Sanicula canadensis</i> L.	2	common		
<i>Sanicula marilandica</i> L.	1	rare	x	
<b><i>Taenidia integerrima</i> (L.) Drude</b>	<b>2</b>	<b>rare</b>	<b>x</b>	
<b><i>Zizia aptera</i> (Gray) Fern.</b>	<b>1</b>	<b>rare</b>		
<b><i>Zizia trifoliata</i> (Michx.) Fern.</b>	<b>1</b>	<b>rare</b>		
APOCYNACEAE				
<i>Apocynum cannabinum</i> L.	3	common		
<i>Asclepias tuberosa</i> L. subsp. <i>tuberosa</i>	1	common		<b>x</b>
<i>Asclepias variegata</i> L.	2	rare		
<i>Asclepias verticillata</i> L.	2	rare	x	
<i>Asclepias viridiflora</i> Raf.	1	uncommon	x	
<i>Matelea carolinensis</i> (Jacq.) Woods	3	uncommon <sup>1</sup>	x	
AQUIFOLIACEAE				
<i>Ilex opaca</i> Ait. var. <i>opaca</i>	1	common		
ARALIACEAE				
<i>Hedera helix</i> L.	3	non-native		

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
ARISTOLOCHIACEAE				
<i>Endodeca serpentaria</i> (L.) Raf.	2	uncommon	x	
ASTERACEAE				
<i>Achillea millefolium</i> L.	3	non-native		
<i>Ageratina altissima</i> (L.) King & H.E. Robins. var. <i>altissima</i>	8	common		
<i>Antennaria howellii</i> Greene subsp. <i>neodioica</i> (Greene) Bayer	1	common		x
<i>Antennaria plantaginifolia</i> (L.) Richards.	4	common		x
<i>Bidens bipinnata</i> L.	5	common		
<i>Erigeron pulchellus</i> Michx. var. <i>pulchellus</i>	2	common		
<i>Erigeron strigosus</i> Muhl. ex Willd. (Fisch. & C.A. Mey) Torr. & Gray ex Gray var. <i>strigosus</i>	2	common		
<i>Eupatorium album</i> L. var. <i>vaseyi</i> (Porter) Cronq.	2	uncommon		
<i>Eupatorium hyssopifolium</i> L.	1	common		x
<i>Eutrochium purpureum</i> (L.) E.E. Lamont	1	rare	x	
<i>Helianthus decapetalus</i> L.	2	rare		
<i>Helianthus divaricatus</i> L.	1	rare	x	
<i>Heliopsis helianthoides</i> (L.) Sweet var. <i>helianthoides</i>	2	rare	x	
<i>Hieracium venosum</i> L.	3	common		x
<i>Prenanthes altissima</i> L.	2	common		
<i>Smallanthus uvedalia</i> (L.) Mackenzie ex Small	1	uncommon	x	
<i>Solidago arguta</i> Ait. var. <i>arguta</i>	1	rare		
<i>Solidago bicolor</i> L.	3	common		x
<i>Solidago caesia</i> L.	5	common		
<i>Solidago rugosa</i> P. Mill. var. <i>aspera</i> (Ait.) Cronq.	1	common		x
<b><i>Solidago speciosa</i> Nutt. var. <i>speciosa</i></b>	<b>1</b>	<b>rare<sup>1</sup></b>		
<i>Solidago ulmifolia</i> Muhl. ex Willd. var. <i>ulmifolia</i>	6	rare	x	
<i>Symphotrichum laeve</i> (L.) Nesom var. <i>concinnum</i> (Willd.) Nesom	2	rare	x	
<i>Symphotrichum laeve</i> (L.) Nesom var. <i>laeve</i>	4	rare	x	
<i>Symphotrichum patens</i> (Ait.) Nesom var. <i>patens</i>	3	uncommon		
<i>Verbesina alternifolia</i> (L.) Britton	4	rare		
<i>Verbesina occidentalis</i> (L.) Walt.	2	common		
<i>Vernonia glauca</i> (L.) Willd.	1	rare	x	
BERBERIDACEAE				
<i>Berberis thunbergii</i> DC.	1	non-native		
BETULACEAE				
<b><i>Ostrya virginiana</i> (Miller) K. Koch</b>	<b>9</b>	<b>rare</b>	<b>x</b>	
BIGNONIACEAE				
<i>Campsis radicans</i> (L.) Seem. ex Bureau	1	common		
BORAGINACEAE				
<i>Hackelia virginiana</i> (L.) I.M. Johnston	4	uncommon		
<b><i>Myosotis macrosperma</i> Engelm.</b>	<b>4</b>	<b>rare</b>	<b>x</b>	
BRASSICACEAE				
<i>Alliaria petiolata</i> (Bieb.) Cavara & Grande	6	non-native		

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
<i>Arabidopsis lyrata</i> (L.) O'Kane & Al-Shehbaz subsp. <i>lyrata</i>	2	rare	x	
<i>Barbarea vulgaris</i> Ait. f.	1	non-native		
<i>Boechera canadensis</i> (L.) Al-Shehbaz	1	rare	x	
<b><i>Boechera laevigata</i> (Muhl. ex Willd.) Al-Shehbaz var. <i>laevigata</i></b>	<b>6</b>	<b>rare</b>	<b>x</b>	
<i>Cardamine concatenata</i> (Michx.) Sw.	3	uncommon	x	
CACTACEAE				
<i>Opuntia humifusa</i> (Raf.) Raf.	2	common		<b>x</b>
CAESALPINIACEAE				
<i>Cercis canadensis</i> L. var. <i>canadensis</i>	8	rare	x	
CAMPANULACEAE				
<b><i>Campanulastrum americanum</i> (L.) Small</b>	<b>2</b>	<b>rare</b>	<b>x</b>	
CAPRIFOLIACEAE				
<i>Lonicera japonica</i> Thunb.	2	non-native		
<i>Lonicera morrowii</i> Gray	2	non-native		
<b><i>Triosteum angustifolium</i> L. var. <i>eamesii</i> Wiegand</b>	<b>1</b>	<b>rare<sup>1</sup></b>	<b>x</b>	
<i>Triosteum perfoliatum</i> L.	2	rare	x	
<i>Viburnum prunifolium</i> L.	10	common		
CARYOPHYLLACEAE				
<i>Dianthus armeria</i> L.	2	non-native		
<i>Silene antirrhina</i> L.	1	common		
CELASTRACEAE				
<i>Celastrus orbiculatus</i> Thunb.	2	non-native		
<i>Euonymus americanus</i> L.	1	common		
CISTACEAE				
<i>Crocanthemum canadense</i> (L.) Britt.	1	common		<b>x</b>
CONVOLVULACEAE				
<i>Ipomoea pandurata</i> (L.) G.F.W. Mey.	1	common		<b>x</b>
CORNACEAE				
<i>Cornus florida</i> L.	7	common		
<i>Cornus racemosa</i> Lam.	2	rare		<b>x</b>
EBENACEAE				
<i>Diospyros virginiana</i> L.	1	common		
ELAEAGNACEAE				
<i>Elaeagnus umbellata</i> Thunb.	1	non-native		
ERICACEAE				
<i>Chimaphila maculata</i> (L.) Pursh	3	common		
<i>Vaccinium pallidum</i> Ait.	2	common		<b>x</b>
<i>Vaccinium stamineum</i> L.	2	common		<b>x</b>
EUPHORBIACEAE				
<i>Acalypha virginica</i> L.	1	common		
<i>Euphorbia corollata</i> L.	1	common		<b>x</b>
<i>Euphorbia ipecacuanhae</i> L.	2	common		<b>x</b>

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
<b>FABACEAE</b>				
<i>Amorpha fruticosa</i> L.	4	common		
<i>Chamaecrista fasciculata</i> (Michx.) Greene var. <i>fasciculata</i>	1	common		
<i>Desmodium canescens</i> (L.) DC.	1	common		x
<i>Desmodium laevigatum</i> (Nutt.) DC.	1	common		x
<i>Desmodium paniculatum</i> (L.) DC. var. <i>paniculatum</i>	2	common		x
<i>Galactia volubilis</i> (L.) Britt. var. <i>volubilis</i>	1	common		x
<i>Lespedeza procumbens</i> Michx.	2	common		x
<i>Lespedeza violaceae</i> (L.) Pers.	1	common		x
<i>Robinia pseudoacacia</i> L.	1	non-native		
<b>FAGACEAE</b>				
<i>Fagus grandifolia</i> Ehrh.	1	common		
<i>Quercus alba</i> L.	1	common		x
<i>Quercus coccinea</i> Muenchh.	2	common		
<i>Quercus falcata</i> Michx.	3	common		x
<i>Quercus montana</i> Willd.	4	common		x
<i>Quercus muehlenbergii</i> Engelm.	14	rare	x	
<i>Quercus nigra</i> L.	1	common		
<i>Quercus phellos</i> L.	1	common		
<i>Quercus rubra</i> L.	5	common		
<i>Quercus stellata</i> Wangenh.	2	common		x
<i>Quercus velutina</i> Lam.	2	common		
<b>FUMARIACEAE</b>				
<i>Dicentra cucullaria</i> (L.) Bernh.	3	rare	x	
<b>HYDROPHYLLACEAE</b>				
<i>Hydrophyllum virginianum</i> L.	1	rare	x	
<b>HYPERICACEAE</b>				
<i>Hypericum punctatum</i> Lam.	1	common		
<i>Hypericum stragulum</i> P. Adams & Robson	1	common		x
<b>JUGLANDACEAE</b>				
<i>Carya alba</i> (L.) Nutt. ex Ell.	1	common		
<i>Carya cordiformis</i> (Wangenh.) K. Koch	6	common		
<i>Carya pallida</i> (Ashe) Engl. & Graebn.	1	common		x
<i>Juglans nigra</i> L.	1	common		
<b>LAMIACEAE</b>				
<i>Agastache nepetoides</i> (L.) Kuntze	1	uncommon	x	
<i>Clinopodium vulgare</i> L.	2	non-native		
<i>Perilla frutescens</i> (L.) Britt.	1	non-native		
<i>Pycnanthemum incanum</i> (L.) Michx. var. <i>incanum</i>	1	rare		
<i>Salvia lyrata</i> L.	4	common		
<i>Scutellaria elliptica</i> Muhl. ex Spreng. var. <i>elliptica</i>	2	common		
<i>Trichostema setaceum</i> Houtt.	1	rare		x

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
MAGNOLIACEAE				
<i>Liriodendron tulipifera</i> L.	2	common		
MALVACEAE				
<i>Tilia americana</i> L. var. <i>americana</i>	4	rare	x	
MENISPERMACEAE				
<i>Menispermum canadense</i> L.	7	common		
MYRICACEAE				
<i>Morella pensylvanica</i> (Mirbel) Kartesz	1	common		x
OLEACEAE				
<i>Fraxinus americana</i> L.	7	rare	x	
ONAGRACEAE				
<i>Circaea canadensis</i> (L.) Hill	3	common		
PAPAVERACEAE				
<i>Sanguinaria canadensis</i> L.	2	common		
PASSIFLORACEAE				
<i>Passiflora lutea</i> L.	4	common		
PAULOWNIACEAE				
<i>Paulownia tomentosa</i> (Thunb.) Sieb. & Zucc. ex Steud.	1	non-native		
PLANTAGINACEAE				
<b><i>Penstemon hirsutus</i> (L.) Willd.</b>	<b>1</b>	<b>rare</b>		
POLYGONACEAE				
<i>Persicaria virginiana</i> (L.) Gaertner	2	common		
RANUNCULACEAE				
<i>Anemone americana</i> (DC.) Hara	2	rare	x	
<i>Anemone virginiana</i> L. var. <i>virginiana</i>	6	rare	x	
<i>Aquilegia canadensis</i> L.	8	rare	x	
<i>Thalictrum thalictroides</i> (L.) Eames & Boivin	1	uncommon	x	
ROSACEAE				
<i>Agrimonia gryposepala</i> Wallr.	1	uncommon	x	
<i>Agrimonia pubescens</i> Walbr.	3	uncommon		
<i>Amelanchier arborea</i> (Michx. f.) Fern.	3	common		
<i>Crataegus uniflora</i> Muenchh.	1	uncommon		x
<i>Geum canadense</i> Jacq.	1	common		
<i>Prunus serotina</i> Ehrh. var. <i>serotina</i>	2	common		
<i>Rosa carolina</i> L. subsp. <i>carolina</i>	1	uncommon		x
<i>Rosa multiflora</i> Thunb. ex Murr.	5	non-native		
<i>Rubus phoenicolasius</i> Maxim.	4	non-native		
RUBIACEAE				
<i>Galium circaezans</i> Michx. var. <i>circaezans</i>	4	common		
<i>Galium pilosum</i> Aiton var. <i>pilosum</i>	3	common		x
SAXIFRAGACEAE				
<i>Heuchera americana</i> L.	2	uncommon	x	

	Frequency of Occurrence	Delmarva Status	Calciphyte	Sub-xeric to Xeric Soils
<i>Micranthes virginiensis</i> (Michx.) Small	4	rare	x	
SCROPHULARIACEAE				
<i>Scrophularia marilandica</i> L.	4	uncommon	x	
<i>Verbascum thapsus</i> L.	4	non-native		
SIMAROUBACEAE				
<i>Ailanthus altissima</i> (P. Mill.) Swingle	4	non-native		
STAPHYLEACEAE				
<i>Staphylea trifolia</i> L.	2	uncommon	x	
ULMACEAE				
<i>Celtis occidentalis</i> L.	11	common		
<i>Ulmus americana</i> L.	2	common		
<i>Ulmus rubra</i> Muhl.	6	common	x	
URTICACEAE				
<i>Parietaria pensylvanica</i> Muhl.	3	rare	x	
VALERIANACEAE				
<i>Valerianella radiata</i> (L.) Dufr.	1	common		
VERBENACEAE				
<i>Phryma leptostachya</i> L.	2	uncommon	x	
<i>Verbena urticifolia</i> L.	2	common		
VIOLACEAE				
<i>Hybanthus concolor</i> (T.F. Forst.) Spreng.	1	rare	x	
<i>Viola pubescens</i> Aiton	1	rare		
VITACEAE				
<i>Parthenocissus quinquefolia</i> (L.) Planch.	3	common		
<i>Vitis rotundifolia</i> Michx.	2	common		