Change of clothes including:

__ Hat
__ Jacket/rain gear
__ Pants/shorts
__ Shirts
__ Shower shoes
__ Sleepwear
__ Socks
__ Sturdy shoes – sneakers or boots
__ Sunglasses
__ Swimsuit
__ Thermal wear
__ Undergarments

*Remember to dress for the season!*

Cleaning & Personal Items

__ Bar soap
__ Comb or hairbrush
__ Deodorant
__ Insect repellent
__ Shampoo
__ Sunscreen
__ Toothpaste & brush
__ Razor (shaving cream)
__ Washcloth & bath towel
__ Case or bag to carry above items to the shower house

Cooking supplies

__ Aluminum foil
__ Can opener
__ Container for water
__ Dish soap
__ Grill gate for campfire cooking
__ Knife, spoon & other cooking utensils
__ Mixing bowl
__ Mugs/cups
__ Newspapers for lighting a campfire
__ Plastic pan for carrying/washing dishes
__ Pot & pan with lid
__ Pot lifter and/or potholders
__ Plates & dining utensils
__ Rag to clean dishes
__ Resealable containers
__ Table cloth
__ Trash bags
__ Water bottle, to carry while hiking
__ Water jug to fetch water from the pump or faucet

**Food & Drink**
Bring whatever food you wish, but remember that you will have limited space for food that needs to be refrigerated. Make sure that you have adequate cooking dishes and utensils to prepare the food you bring. Outdoor appetites are usually large so be prepared! Secure all food items from raccoons, squirrels or other animals looking for a free meal. Fresh fruit and vegetables do not need refrigeration and need minimum preparation. Kids will want to help cook over the campfire so bring hotdogs and marshmallows (and graham crackers and chocolate for S’mores).

*Don’t forget condiments!*
__ Salt, pepper, spices, sugar
__ Ketchup
__ Mustard
__ Mayonnaise

**Lighting**
__ Flashlight
__ Lantern - propane, mantels
__ Matches (preferably waterproof)
__ Spare batteries

**Packing**
__ Backpack, daypack, and/or fanny pack
__ Plastic crate or storage bin with lid
__ Ice chest with ice

**Medical**
__ First aid kit (may include all the following items)
__ Poison ivy block
__ Poison ivy remedies
__ Allergy medicines
__ Pain relief pills (like aspirin or Tylenol)
Tummy medicines
Tweezers for splinters
Antiseptic
Band-Aids and bandages
Itch cream for bug bites
Moleskin (to prevent blisters if you hike a lot)
Prescription medicines

**Shelter/Bedding**
Blanket
Sleeping bag
Mattress or pad - inflator for air mattress
Pillow
Shade shelter or screen house (shade may be limited in some parks)
Tarp for ground cover or shade

**Miscellaneous**
Park map
Beach chairs
Cell phone w/extra battery and car adapter
Rope
Safety pins
Trail map (check park website to download if available)

**Items that might enhance your time at the park**
Binoculars
Books, radio, cards, games, toys, etc.
Camera w/good battery
Video recorder w/good battery
Citronella candles
Field guides for identifying wildlife
Fishing pole and gear (+ license & bait!)
Money, credit card, ID