January 2023

Patapsco Valley State Park Soldiers Delight NEA

Register <u>here</u> or by contacting us at 410-461-5005. **patapsco.statepark@maryland.gov**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11- First Day Hike	2	3	4	5	6	7
3- Adaptive First Day Hike					1- Kids Sensory Hike	5- Owl Prowl
8 10 - Trail Mix Hike	9	10	11	12	13 1- Active Meditation Hike	14 1- Staying Warm in Winter 2- Ranger Roundup
15 11- The More You Snow: The Science of Winter	16	17	18	19	20	21 5- Owl Prowl
22	23 11- The More You Snow: The Science of Winter	24	25	26	27	28 9- Disc Golf Course Maintenance 1- Staying Warm in Winter
29 2- Meet A Snake, Paint A Snake	30 9 - Invasive Species Removal	31	Are you interested in setting up a private program for your family or friends? <u>https://forms.gle/JkypVLag99Dsm8mu7</u> Unless otherwise noted, events are held rain or shine, free and fun for all ages; donations are always welcome. Children under 10 must be accompanied by an adult. Dress for the weather/activity, wear sunscreen and insect repellent, bring plenty of water and snacks, and remember to check for ticks.			

First Weekend Hikes

Join a Ranger or Naturalist for a hike on one of the Patapsco trails, or hike on your own!

December 30: Warm Up Hike

9-3 p.m. at McKeldin Shelter 600

Warm up for New Year's with a self-led hike! Medicine Tree Trail by McKeldin Shelter 600 is a 0.3 loop with variable terrain that winds through the McKeldin forest. Come when you can through the day, and enjoy McKeldin's other treasures while you're here!

December 31: Last Day Bike

9- 11 a. m. at Hilton Shelter 201 Join Muddy Pedals for an easy 2 hour ride. This family- friendly event will cover six miles and have 1000 ft in elevation gain.

December 31: Sunset Hike

2:00- 5:00 p.m. at Soldiers Delight Visitor Center

See the sun set for the last time in 2022! Meet at the Soldiers Delight Visitor Center to hike the 2.5 mi Serpentine Trail, ending at the Overlook on Deer Park Rd to watch the sun set over the valley. Hike will end with a short length of trail by flashlight back to the Visitor Center. The Serpentine Trail includes a stream crossing and is a hilly hike- dress for the weather and wear footwear appropriate for variable terrain. Shine only. <u>Sign up encouraged</u>.

December 31: Kid's Countdown Hike

4-5 p.m. at Hilton Shelter 245

Join us for an alternate New Year's Eve! Does your young one feel left out by the late night party? Bring a flashlight and count down with us after the hike! Meet at Shelter 245 in the Hilton area. <u>Sign up encouraged</u>. Shine only.

January 1: First Day Hike

11- 12:30 a.m. at Hollofield 301

Meet at Hollofield 301 for a slightly less than 2.5 mi hike on the River Ridge and Union Dam trails. Think about the past year and contemplate the coming one, or meditate on goals and resolutions you may have for 2023. Variable terrain, get ready for a strenuous hike. No strollers! Not a hike for beginners! Shine only. Spots for 50 participants. Leashed pets are welcome. <u>Sign up required</u>.

January 1: Adaptive First Day Hike

3-4 p.m. at Orange Grove 106

Join Friends of Patapsco for an adaptive first day hike! All are welcome to come enjoy a gentle hike to begin the new year. In our ongoing efforts to make Patapsco an accessible park for all our patrons, Friends of PVSP is hosting a series of adaptive hikes, bike rides, and paddle events throughout the year! Sign up encouraged.

January 6: Kids Sensory Hike

1-2 p.m. at McKeldin 600

Join us for a hike on the 0.3 mi Medicine Tree Trail! We'll hike and use all our senses to be in the present moment and connect to our natural resources. Geared to ages 4-10. Wear appropriate hiking shoes and dress for the weather. <u>Sign up encouraged</u>. Groups larger than 5 must sign up in advance. Spots for 20 total participants. Shine only.

January 7: Owl Prowl

5-6 p.m. at McKeldin 600

Follow a naturalist on a 0.3 mile hike on the Medicine Tree Trail and listen for and try to call out to owls! We will discuss the biology, habitat, diet, and conservation of Maryland owls. Suitable for families and individual adult patrons alike. Come ready to walk! Bring a flashlight and wear shoes appropriate for hiking on variable terrain. Clear skies only- program canceled in case of rain. Sign up required in advance, spots for 20 total participants.

January 8: Trail Mix Hike

10 a.m.-12 p.m. at Soldiers Delight Visitor Center

A naturalist-led hike to discover every trail available at Soldiers Delight Natural Environment Area! Learn the history, interesting sites and unique composition of this area! Wear appropriate waterproof hiking shoes and dress for the weather, you may get wet! Hike will be approximately 5 mi on highly variable terrain. <u>Sign up encouraged</u>. Groups larger than 5 must sign up in advance. Spots for 20 hikers. Rain or shine.

January 13: Active Meditation Hike

1-2 p.m. at McKeldin 600

While hiking along the Medicine Tree Trail, we will be using all five senses to stay in the present moment and practice a form of active meditation. Participants will be free to verbally share or privately write their sensory experience along the way. This is recommended for ages 16+ and will be a slow, calm hike. <u>Sign up encouraged</u>.

January 14: Staying Warm in Winter

1-2 p.m. at Red Dog Lodge by the Soldiers Delight Visitor Center

Join a warm fireside talk about how people and animals have adapted to cold climates throughout history. Learn how to start a campfire, and fire safety related to it. <u>Sign up encouraged</u>. Open for the whole family. Shine only.

January 14: Ranger Roundup

2-3 p.m at Soldiers Delight Visitor Center

What is a park ranger? Learn about various jobs in natural resources and in the Maryland Park Service, how to get a job with MPS and how to start skillbuilding. <u>Sign up encouraged</u>. Shine only.

January 15: The More You Snow: The Science of Winter

11 am.-12 p.m. at Soldiers Delight Visitor Center Auditorium

Join us to learn about how snowflakes grow and what they look like up close! We'll go on a hike, learn about the history of snow science, and cut our own snowflakes! Recommended for ages 10 and up. Sign up encouraged. Groups larger than 5 must sign up in advance. Spots for 20 participants. Rain or shine; if the weather is poor, we will not hike.

January 21: Owl Prowl

5-6 p.m. at McKeldin 600

Follow a naturalist on a 0.3 mile hike and listen for and try to call out to owls! We will discuss the biology, habitat, diet, and conservation of Maryland owls. Suitable for families and individual adult patrons alike. Come ready to walk! Bring a flashlight and wear shoes appropriate for hiking on variable terrain. Clear skies only- program canceled in case of rain. Sign up required in advance, spots for 20 total participants.

January 22: Kid's Sensory Hike

1-2 p.m. at the Medicine Tree Trailhead in McKeldin

While hiking along the Medicine Tree Trail, we will be using all five senses to stay in the present moment and practice a form of active meditation. Participants will be free to verbally share or privately write their sensory experience along the way. This is recommended for ages 16+ and will be a slow, calm hike. <u>Sign up encouraged</u>.

January 23: The More You Snow: The Science of Winter

11 am.-12 p.m. at Soldiers Delight Visitor Center Auditorium

Join us to learn about how snowflakes grow and what they look like up close! We'll go on a hike, learn about the history of snow science, and cut our own snowflakes! Recommended for ages 10 and up. <u>Sign up</u> encouraged. Groups larger than 5 must sign up in advance. Spots for 20 participants. Rain or shine; if the weather is poor, we will not hike.

January 28: Disc Golf Course Maintenance

9-1 p.m. at McKeldin Disc Golf Course

Join our Disc Golf Course volunteer group to do cleanup of the disc golf pads and to remove obstructions in the course. Volunteers receive free entry for the day and volunteers that provide 100 hours of service to the park are eligible for a free MPS park pass for the following year. Recommended ages 10 & up!

January 28: Staying Warm in Winter

1-2 p.m. at Red Dog Lodge by the Soldiers Delight Visitor Center

Join a warm fireside talk about how people and animals have adapted to cold climates throughout history. Learn how to start a campfire, and fire safety related to it. <u>Sign up encourage</u>d. Open for the whole family. Shine only.

January 29: Meet A Snake, Paint A Snake

2-4 p.m. at the Soldiers Delight Visitor Center Auditorium

Join park staff at Soldiers Delight for a hands-on, step-by-step paint night. We'll start the night by getting an up close look at the subject of the painting, one of the Scales & Tales snakes! All materials provided. Beginners encouraged! \$10. Sign up encouraged. Groups larger than 5 must sign up in advance to ensure enough materials for all participants. Recommended ages 10 & up!

January 30: Invasive Species Removal

9-11 a.m. at Henryton Road (Howard County)

Help us in our fight against invasive species! We'll be using shovels, loppers, and other hand tools to remove various plants that have a harmful impact on our native ecosystem. Volunteers that provide 100 hours of service to the park are eligible for a free MPS park pass for the following year. Recommended ages 10 & up!

Did you miss it? Digs for Kids will return in the spring!