

# May 2023

**Patapsco Valley State Park**  
**Soldiers Delight NEA**

Register [here](#) or by contacting us at 410-461-5005.  
[patapsco.statepark@maryland.gov](mailto:patapsco.statepark@maryland.gov)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 10 - Little Explorers	6 10- Muddy Pedals
7	8	9 9 - Litter Clean Up	10	11	12 10 - Little Explorers	13 10 - Multi-Generational Fun - Canoeing
14 10- Mother's Day Flowers 11 - Intro to Backpacking	15	16 9 - Litter Clean Up	17	18	19 10 - Little Explorers 4 - HPHP: Yoga	20 9 - Canoe Photo + Adaptive Paddle 8 - Eta Aquarids Meteor Shower
21 9- Adaptive Paddle	22	23 9 - Litter Clean Up	24	25	26	27 Nature & History Centers Open for the Season!
28 11 - HC, NC & VC open	29 11 - HC, NC & VC open	30 9 - Litter Clean Up	31	<p>Are you interested in setting up a private program for your family or friends? <a href="https://forms.gle/JkypVLag99Dsm8mu7">https://forms.gle/JkypVLag99Dsm8mu7</a></p> <p>Unless otherwise noted, events are held rain or shine, free and fun for all ages; donations are always welcome. Children under 10 must be accompanied by an adult. Dress for the weather/activity, wear sunscreen and insect repellent, bring plenty of water and snacks, and remember to check for ticks.</p>		

**May 5, 12 & 19: Little Explorers**

10 - 10:45 a.m. at McKeldin Area, Shelter 576

This is a program for kids ages 0-3 to do with their parents/guardians as we introduce them to the natural world. This is part of a 6 part series. Families are invited to come for one or all of the series. We start each day with a fun song, story, or “get loose” activity and wrap up each day with activities you can do at home. Shine only. [Sign up encouraged](#). Groups larger than 5 must sign up in advance. Spots for 20 total participants.

**May 6: International Women’s Mountain Bike Day**

10 a.m. - noon at Hilton Shelter 245

International Women's Mountain Bike Day is a celebration of women who love to ride and explore the great outdoors on two wheels. At [Muddy Pedals](#), we are proud to support this event and empower women to get out and ride. Whether you're a seasoned pro or just starting out, we have everything you need to hit the trails with confidence. Clinics, demo bikes, tips & tricks. So join us in celebrating International Women's Mountain Bike Day and let's ride together. All ages welcome. Sign up required. Shine only.

**May 9, 16, 23, 30: Litter Clean Up**

9 - 11 a.m. at Soldiers Delight NEA, Meet at Visitor Center

Join us for this volunteer event to clean up roadside litter from our beautiful and rare serpentine ecosystem. [Sign up encouraged](#) Groups larger than 5 must sign up in advance. Rain or Shine.

**May 13: Multi-Generational Fun: Canoeing**

10 - noon at Daniels Area

Bring your family to canoe on the beautiful Patapsco River with us! [Sign up required](#) to ensure we have enough materials. Bring things you do not mind getting wet! 20 participants maximum. This program is intended for the participants of the Multi-Generational Fun program formerly known as Grandparents & Me. No bathrooms on site. Shine only.

**May 14: Mothers Day Flowers**

10 - 1 p.m. at McKeldin Area - Ranger Station Parking Lot

Show your mother or maternal figure in your life you care in a unique and eco-friendly way! Stop by this table display to make seed balls with native flower seeds for their garden or window, and say what you love most about them by choosing from seeds that hold different meanings in Victorian bouquets.

**May 11: Intro to Backpacking**

11 - 2 p.m. at McKeldin Shelter 576

Learn about types of backpacking/hiking packs, proper fitting, pack amenities, gear/packing advice and more! Then, join a PVSP employee on a short hike around McKeldin to try out backpacks and carrying weight. Backpacks will be provided. [Sign up required](#) & limited to 8 participants to ensure we have enough materials. Shine only.

**May 19: Healthy Parks, Healthy People: Yoga**

4 - 5 p.m. at Hollofield Area. Meet at Shelter 367.

Join an instructor from Free Baltimore Yoga for a gentle and relaxing outdoor yoga class. Breathe in the fresh air, enjoy the soothing sounds, and ground yourself in nature! All levels welcome; please bring mats and any additional props you would like. [Sign up encouraged](#). Groups larger than 5 must sign up in advance.

**May 20: Eta Aquarids Meteor Shower**

8 - 10 p.m. at Soldiers Delight Visitor Center

Tonight, Venus and Mars are fighting over who gets custody of the twins (Gemini)! Join us to see who the Judge (King Cepheus or Queen Cassiopeia) rules for. Time machines (telescopes) will be provided by the Westminster Astronomy Club. May Highlight: The Eta Aquarids Meteor Shower. It is produced by dust particles left behind by comet Halley, which has been observed since ancient times. The shower runs annually from April 19 to May 28.

**May 21: Adaptive Paddle**

9 - 2 p.m. at Daniels Area

Join us to canoe the Patapsco and enjoy the beauty of nature. We will be on the water so be sure to bring things you don't mind getting wet. maximum. Adaptive canoes will be available onsite. Signups begin approximately two weeks out and are required through [Friends of Patapsco Valley State Park](#).

**May 27: Celebration!**

11 - 3 p.m. at Hilton Nature Center, William Offutt Johnson History Center, Soldiers Delight Visitor Center

All of our centers are now open for the season. You'll be able to interact with staff and exhibits with topics ranging from the Industrial birthplace of Maryland to the critters hiding in our waters. Visit weekends & holidays, 11 - 3 p.m.