

JULY 2025**HERRINGTON MANOR AND SWALLOW FALLS SCHEDULE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<u>Herrington Manor</u> BL - Boat Launch CR - Community Campfire Ring LH - Lake House RS - Ranger Station	<u>Swallow Falls</u> SF - Canyon Trail Head SFA - Amphitheater		Macroinvertebrates 10-11 AM (LH) Wellness Wed. Yoga 5:15-6:15 PM (BL)	Bird Walk 9:00-10:00 AM (RS) Skulls, Skins, Shells 11:00 AM-1:00 PM (LH) Under a Rock 2:00-3:00 PM (SF)	Pollinator Walk 1:00-2:00 PM (RS) Living With Nature 2:30-4:00 PM (CR) Nature Art 6:00-8:00 PM (LH)	Reptile Feeding 12-12:30 PM (RS) Guided Hike 3:00-4:00 PM (BL) Campfire Program 8:30-9:30 PM (CR)
6	7	8	9	10	11	12
Weed Warriors 9:00-10:00 AM (RS) Skulls, Skins, Shells 11:00 AM-1:00 PM (LH) Decomposers 2:00-3:00 PM (RS)			Macroinvertebrates 10-11 AM (LH) Wellness Wed. Yoga 5:15-6:15 PM (BL)	Bird Walk 9:00-10:00 AM (RS) Skulls, Skins, Shells 11:00 AM-1:00 PM (LH) Under a Rock 2:00-3:00 PM (SF)	Pollinator Walk 1:00-2:00 PM (RS) Living With Nature 2:30-4:00 PM (CR) Kayaking at Dusk 6:00-8:00 PM (LH)	Reptile Feeding 12-12:30 PM (RS) Guided Hike 3:00-4:00 PM (BL) Campfire Program 8:30-9:30 PM (CR)
13	14	15	16	17	18	19
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20	21	22	23	24	25	26
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27	28	29	30	31	Schedule is subject to change without notice. All outdoor events are weather-dependent. Dress for the weather and activity, wear sunscreen and insect repellant, bring plenty of water, and remember to check for ticks! All Park programs are free to the public, but park entrance fees may still apply.	
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Address: 222 Herrington Lane, Oakland, MD 21550

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For information, contact samuel.reckart@maryland.gov

JULY PROGRAMS -

HERRINGTON MANOR & SWALLOW FALLS

Bird Walk - The woods are alive with the sound of birds! Join us for a guided hike to hear and see the birds of the park. Binoculars are encouraged. Birds scare easily so excessive noise is not favorable. This event may not be recommended for young children. Meet at the Herrington Manor Ranger Station.

Campfire Program - Join our naturalist and gather 'round the campfire for some s'mores, stories, and games. Meet at the Herrington Manor community fire ring.

Decomposers - They are slimy, crawly, musty, but also your friend! Uncover the valuable place in nature occupied by the sometimes not so flattering organisms. The event will consist of an informative demonstration, viewing small animals, and an activity. Meet at the Herrington Manor Ranger Station.

Guided Hike - Nature is full of diversity and unpredictable elements, so are our guided hikes. The hike can have a specific informative subject if desired, but you never know what might be encountered! Meet at the Herrington Manor Ranger Station/Boat Launch (see meeting location in schedule).

Kayaking at Dusk- Join us for a guided kayak voyage around the lake. This calming experience is a great opportunity to see and hear a whole other side of the park. This event takes place the day after the full moon, so the lake will be illuminated when daylight fades. Equipment will be provided. Meet at the Herrington Manor Lake House. Limited spots available so come early!

Living With Nature-Come and learn from this informative talk and demonstration about steps you can take to make your wildlife neighbors more comfortable and thrive! From the creation of nest boxes to learning how to start your own pollinator garden, there are countless ways to be a better neighbor. Activities are a part of the program. Located at the community campfire ring.

Macroinvertebrates - Herrington Lake is home to many small species that play a role in the freshwater ecosystem. Help us find some of the aquatic macroinvertebrates within our lake and learn how to identify them. Meet at the Herrington Manor Lake House.

Nature Art - Come create happy little trees and even happier accidents. Join us for nature themed arts and craft projects ranging from painting lessons, building wildlife beneficial structures, and so much more. All ages are welcome, we have something for everyone. Meet at the Herrington Manor Lake House.

Pollinator Walk - Frolic in the flowers with us as we encounter the butterflies, bees, and others while also learning what a pollinator does for us and the world. Butterfly nets are welcome and will be provided for loan. Meet at the Herrington Manor Ranger Station.

Reptile Feeding - Visit our nature center to watch the weekly feeding of our resident black rat snake, eastern painted turtle, and common snapping turtle. Meet at the Herrington Manor Ranger Station.

Skulls, Skins, Shells - See and feel some familiar animal faces up close and personal in the form of preserved native animals of Maryland. Meet at the Herrington Manor Lake House.

Snorkeling- Gaze deep into the abyss, of a couple feet of water, and learn the basics of how to snorkel! Equipment is provided. Located at the Lake House.

Weed Warriors - Come get your hands dirty for this volunteer program. We'll be identifying and removing invasive weeds to support biodiversity and our native environment. Bring gloves if you have them. Weather dependent. Meet at the Herrington Manor Ranger Station.

Wellness Wednesday Yoga - Join certified yoga teacher Tina Cimino Dick at Herrington Lake Beach for an hour of wellness yoga. Learn reflexology techniques on the feet as an added bonus! Beginner friendly. Please bring your own yoga mat or towel, but limited mats are available for use. Text 301-616-8795 to register. Meet at the Herrington Lake Boat Launch.

Under a Rock- Discover the tiny friends living right under our feet on this informative guided hike. Find and learn about creatures like millipedes, spiders, and salamanders! Fun for all ages. Meet at the Swallow Falls Canyon Trail Head.