

Healthy Parks, Healthy People
December

Holidays can be hectic. Take a few minutes to get outdoors to relax. The refreshing air and exercise will lift your spirits and renew your energy.

Walks continue on Tuesday and Thursday and Martinak State Park at 10:30 AM. Meet just past the park office on the left. Walk a mile or more with others and take a break when needed. Then, join the First Day Walks at Martinak, Tuckahoe, and Wye Island. Stay tuned for more information.

Then, on December 14th, help the homeless while enjoying a fun evening of craft and cheer.

**Wine
Glass
Paint
Night**

**His
Hope
Ministries**
*Helping families fight homelessness
and find living hope.*

December 14, 2022

6:30 PM

**Christ Church
107 Gay Street
Denton**

\$30 per person
Includes wine, charcuterie
and all you need to paint your glass!!

Space is limited!
Click here
to reserve
your seat!

Proceeds to benefit His Hope Ministries

Sponsored by:ADK Omicron