



MENU



BREAKFAST 7-11
LUNCH 11-3
STORE 9-5

SUBMARINES

also available as a wrap

\$3 ADD A SIDE

FRIES - RINGS - SLAW

FRESH FRUIT - POTATO SALAD

THE PIPER \$13

philly style cheesesteak, premium ribeye, your choice of toppings

THE PAGE \$12

chicken cheesesteak, philly style, your choice of toppings

THE FIRENZE \$13

classic hot or cold italian sub. citterio ham, salami, mortadella, capicola, and provolone. thinly sliced in house

THE GARDEN \$11

housemade hummus, cucumbers, tomatoes, shredded carrots, mixed greens, bean sprouts

THE JIVE LEE \$12

house sliced turkey, dill havarti, sprouts, your choice of toppings

BEACH BOXES

FRUIT

MARKET PRICE

a family size box with a rotating variety of fresh fruit. served with five tides fluff

VEGGIE

MP

same as above, but all veggies. comes with housemade ranch

FRUIT + VEGGIE

MP

comes with five tides fluff + housemade ranch

add guac or hummus for \$3

SANDOS

also available as a wrap

\$3 ADD A SIDE

FRIES - RINGS - SLAW

FRESH FRUIT - POTATO SALAD

CAROLINA CUBANA \$13

pulled pork, fresh sliced ham, pickles, spicy mustard, swiss, thick Texas toast

5T GRILLED CHEESE \$7

5 types of cheese melted on thick Texas toast

upgrade:

ham - bacon **\$2** tomato **\$1**

CAROLINA STYLE \$9

pulled pork, housemade signature sauce, kaiser, housemade slaw on the side

SHRIMP SALAD WRAP \$14

housemade, lettuce, tomato

TUNA SALAD WRAP \$11

housemade, lettuce, tomato

FRIED FLOUNDER \$12

lettuce, tomato, housemade tartar

HOT DOG \$6

1/4lb premium frank, 100% beef grilled, your choice of toppings

FREE TOPPINGS

lettuce - tomato - onion - hots - sweets
pickles - mayo - relish - ranch - bbq
ketchup - mustard - tartar - cocktail
honey mustard - oil + vinegar

PREMIUM TOPPINGS

grilled mushrooms - bacon - avocado
hummus - dill havarti - american - swiss
cheddar - provolone - pepperjack

TO MAXIMIZE YOUR BEACH TIME
MOBILE ORDERING IS AVAILABLE

BREAKFAST

7am-11am

MORNING DEW (all day) \$13

traditional acai blended with bananas and blueberries. topped with fresh fruit, granola, and honey

NICK FRENCH'S TOAST \$7

thick texas toast with powdered sugar. add egg or fruit \$2

AVOCADO TOAST \$7

housemade guac, spread on Texas toast or vegan wheatberry. topped with pico. add egg for \$2

BREAKFAST SANDO \$7

egg, meat, and cheese on a premium roll. the choice is yours:
scrapple - bacon - ham - sausage
also available as a wrap

A LA CARTE

BAGEL + CREAM CHEESE - \$4

FRESH FRUIT - \$3

HOMEFRIES - \$3

SCRAPPLE - \$3

SAUSAGE - \$3

BACON - \$3

5

TIDES

50% OF OUR PROFITS GO DIRECTLY TO
THE MARYLAND COASTAL BAYS PROGRAM
LEARN MORE ABOUT OUR MISSION AT
WWW.ASSATEAGUEOUTFITTERS.COM

SALADS

FIELD OF GREENS \$7

cherry tomatoes, sprouts
cucumbers, shredded carrots,
red onion, housemade croutons
dressings:

ranch, balsamic, caesar, italian

CAESAR \$7

shaved parmesan, croutons, and
housemade dressing

CAPRESE \$8

fresh tomatoes, mozzarella, basil,
balsamic reduction, EVOO

BASKETS

EASTERN SHORE \$14

fried shrimp, fries, housemade
slaw and cocktail sauce

FISH + CHIPS \$13

battered flounder served with
fries and housemade tartar

CHICKEN TENDERS \$12

country style breaded, fries,
housemade honey mustard

LITTLES

COMES WITH FRESH FRUIT

PEANUT BUTTER + JELLY \$6

MOZZARELLA STICKS \$6

CHICKEN TENDERS \$7

GRILLED CHEESE \$6

HOT DOG \$5

THE FIVE TIDES IS COMMITTED
TO SUSTAINABLE PACKAGING

LOOKING FOR AN ADVENTURE?
VISIT THE BAYSIDE RENTAL STAND

BITES

HOMEMADE HUMMUS/CHIPS \$8

ONION RINGS BASKET \$7

MOZZARELLA STICKS \$7

BASKET OF FRIES \$6

SMOOTHIES

STRAWBERRY LETTER \$8

strawberry, banana,
your choice of milk

VIDA BLUE \$8

pineapple, blueberry,
your choice of milk

ALMOND - WHOLE

SCOOPED ICE CREAM

CUP OR CONE

SINGLE SCOOP \$4

DOUBLE SCOOP \$5

WAFFLE CONE + \$1

OLD FASHIONED SHAKE \$7

BEVERAGES

20oz FOUNTAIN \$3

coca-cola products

12oz KIDS BEV \$2

fountain - milk

16oz COFFEE \$3

locally roasted