



Be Your Own Ranger

Park Rangers must be prepared for a variety of situations in the field. From

First Aid to environmental stewardship, rangers must have all the supplies they need on hand to deal with any situation that arises.

It is important to be like a Park Ranger and practice this when you visit the park too! Plan ahead and make sure you have everything you need before embarking on your adventure.

What Do Rangers Do?

Which of these is NOT a responsibility of a Park Ranger?

- Assist with First Aid
- Host interpretive environmental education programs
- Promote water and boating safety
- Maintain and manage trails
- Preserve and protect wildlife
- Care for park facilities
- Pick up trash throughout the park
- Provide visitors with information
- Manage natural and historical conservation projects

ANSWER: this is a trick question; Park Rangers do all of these things!



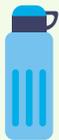
Create Your Own Adventure Pack



Use this checklist to create an adventure pack to bring with you on a hike in a Maryland State Park.



Map



Water



Sunscreen



First Aid Kit



Snack



Bug Spray



Field Guide



Trash Bag



Binoculars

Binocular Craft

Make your own binoculars at home!

- Materials:
- two empty toilet paper tubes
 - glue
 - string
 - scissors
 - crayons or markers to decorate

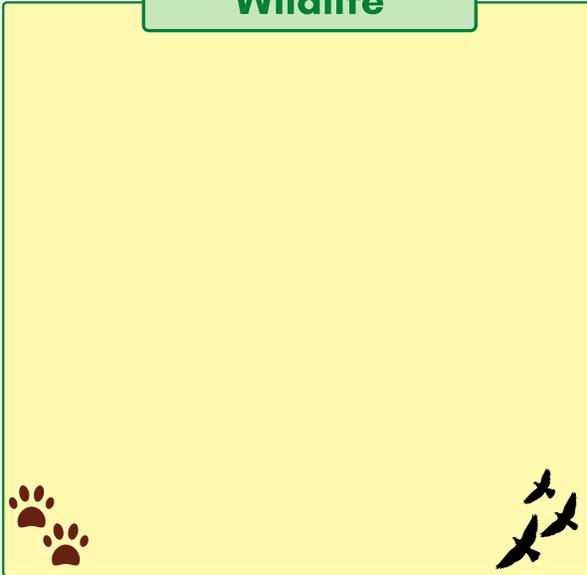
- Instructions
1. Glue the toilet paper tubes together
 2. Use the scissors to poke one hole in each tube
 3. Measure and cut your string to tie through the holes
 4. Decorate your binoculars with crayons or markers and take them on your nature walk to focus on birds and other wildlife



Take a Nature Walk

Go for a walk in your local park, neighborhood, or backyard and write your observations here

Wildlife

A large yellow rectangular box for recording wildlife observations. At the bottom left, there are three brown paw prints. At the bottom right, there are three black silhouettes of birds in flight.

Plants & Trees

A large yellow rectangular box for recording observations about plants and trees. At the bottom left, there are three green pine trees. At the bottom right, there is a brown tree stump with a small green sprout.

Leave No Trace Ethics

Park Rangers promote Leave No Trace Ethics. These following 7 principles are important to follow when visiting a park or other outdoor space.

1. PLAN AHEAD AND PREPARE

- Look at a map of the area and plan hikes beforehand
- Pack your adventure kit with all the supplies you will need before embarking on your journey

2. TRAVEL AND CAMP ON DURABLE SURFACES

- Refrain from venturing off of established trails and only camp in designated areas

3. DISPOSE OF WASTE PROPERLY

- Make sure to bring a trash bag and take all of your trash with you to dispose of when you leave the park

4. LEAVE WHAT YOU FIND

- Take photos of any cool finds, but leave behind any plants, animals, or rocks, as they are important to the ecosystem!

5. MINIMIZE CAMPFIRE IMPACTS

- Keep fires small and under control and only build campfires in designated areas

6. RESPECT WILDLIFE

- Observe wildlife from a distance and keep pets on leash while hiking
- NEVER feed wildlife

7. BE CONSIDERATE OF OTHER VISITORS

- Share the trail with other users and allow them to enjoy the sounds of nature, not loud voices or music

Brainstorm ways to practice Leave No Trace Ethics while on your nature walk!