

## **Lesson: Be Your Own Park Ranger**

**Topic:** Parks & Park Rangers

**Objective:** Learn about what Park Rangers do and learn how to act like a ranger when visiting a park or other outdoor space.

**Materials:** Provided worksheets, backpack, any adventure supplies found in your home  
Provided example field guide (Junior Ranger Adventure Field Guide)  
For craft: two empty toilet paper tubes, glue, string, scissors, crayons or markers to decorate

**Background Information:** Park Rangers must be prepared for a variety of situations in the field. From first aid to environmental stewardship, rangers must have all the materials they need on hand to deal with any situation that arises. It is important to be like a Park Ranger and practice this when you visit the park too! Plan ahead and make sure you have everything you need before embarking on your adventure.

**Activity:** Create your own adventure pack to take hiking in MD State Parks or to explore your own backyard or neighborhood. Gather materials like binoculars, field guides, maps, or create your own! Create a fun binocular craft to add to your adventure pack!

**Conclusion:** This worksheet will help Junior Rangers create an adventure pack to take with them on hikes and nature walks in parks and other outdoor spaces. Through this, they will learn the importance of being prepared and having all the supplies they need on hand. There is also a short blurb on Leave No Trace Ethics that will encourage them to think about how to apply these principles when visiting parks and other outdoor spaces.

**Bonus:** Participate in a park program or watch a virtual ranger experience to 'meet' a park ranger! Short (less than 3 minute) Virtual Ranger Experience videos can be found here:  
[https://www.youtube.com/playlist?list=PLhH8UZZcY4XScKZAExdxW\\_J2KOuZ-0erJ](https://www.youtube.com/playlist?list=PLhH8UZZcY4XScKZAExdxW_J2KOuZ-0erJ)