

SEED SOCKS



You Will Need:

1. An old pair of socks – the longer and fuzzier the better.
2. Plastic bag to put your seed socks in.
3. If you're going to "plant" your seed socks, you'll need a shallow pan.

What to Do:

1. Find a field or lawn that hasn't been mowed recently.
2. Put the socks on over your shoes and take a hike through the field.
The longer you walk, the more seeds you will collect.
3. Take the seed socks off carefully and put them in a plastic bag so you won't lose any seeds.
4. When you get back home look carefully at the socks.
How many different kinds of seeds did you collect?

To plant your seed socks:

1. Lay one of the socks in the shallow pan.
2. Raise the top end of the pan on a couple of books.
3. Add just enough water so that the toe of the sock is in the water.
This will keep the whole sock wet.
4. Check the sock every day and watch the seeds sprout.