



## **Welcome to Sang Run State Park “Bringing the Past into the Future”**

This 81 acre farm was left to the state of Maryland in 2001 by Mr. John “Jack” Hinebaugh. In 2009, the State of Maryland officially took ownership of Friend’s Delight and it is now known as Sang Run State Park, a proud extension of Deep Creek Lake State Park. Friend’s Delight is full of Garrett County history, lore and tradition. The property’s name alone sets the stage. In the late 1700’s General George Washington’s men were surveying Garrett County. While they were in the Sang Run area, they camped on John Friend’s property during the survey. Mr. Friend would take no money from the men. When the surveying was complete they asked Mr. Friend to accept the gift of 100 acres as their way of thanking him and he replied “Why I’d be Delighted”!

**You will learn more about Friend’s Delight, now Sang Run State Park, as you complete these seven Park Quest Stations in “Bringing the Past into the Future”!**

### **Station #1 Archeology - This one was so popular we kept it!**

As with many old farms and properties there is the opportunity for history to beneath the soil. Old kitchen middens (dump sites) may contain bits of glass, pottery or metal. We often find these objects when turning the garden, planting trees or installing bulletin boards.

Archeologists would grid off an area and record what they find by grid square. Use the shovel provide and the sifting screen and wheel barrow to sift the dirt of this once garden. Over the wheel barrow place a shovel or two full of soil onto the sifting screen and shake it back and fourth.

Record on the grid paper anything you may have found and note which grid it was in. Place your findings in the bucket next to the pit. List your findings below and return them to the pit.

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### **Station #2 - Three Sisters Garden**

Have you heard of the “Three Sisters”? It is a Native American legend which refers to corn, beans and squash. These beautiful sisters are known as the “sustainers” of life. They grow together in the same mound each one protecting the others. The corn stands tall so the beans have a pole to climb. The beans help to keep the soil fertile and keep the corn from falling when it’s windy. While the squash vines act as a living mulch, keeping weeds from invading and protecting the soils moisture. The legend of the “Three Sisters” varies from tribe to tribe.

Take a moment to observe this type of garden and learn of the Iroquois legend of the garden.

### **Station #3 The Maple Tree – Measure the height of a tree**

Using the instructions found in the box at the base of the tree. Determine the height and diameter of the maple tree standing on the edge of the long field. Using all three methods how tall is the tree. Did all three methods yield the same results? Record your results below.

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### **Station #4 Dog Bane – Cordage**

Dog Bane or “Indian Hemp” is a quite versatile plant. In the Milkweed family it serves as a host to milkweed insects, a “we can’t pass it up” nectar source for a many insects and traditionally, it was used to make cord. Look at the example in the box of cordage made from Indian hemp. Using the hemp string try your hand at making rope. Use the directions provided for technique. You may keep your section of rope with you.

### **Station #5 - Inside One Square Foot**

Here you find a square foot marked off. Find a comfortable position outside the square and sit quietly for 5 minutes. Through careful and close observation from outside the square, note your findings. Sit for another 5 minutes and see if anything changes as the surroundings become used to you. It could be a flower blossom, insect, look closer for what lies beneath. Record your findings in the note book and one or two on this sheet.

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### **Station #6 - Weather**

Garrett County is 70% forested, and our abundant forests provide wildlife habitat, forest products, protect our watersheds, and help regulate our climate. Here at Sang Run State Park, our forests help keep Sang Run cool in the summer, which helps protect Maryland’s only native trout – the Brook trout. As part of your Park Quest, be a weather watcher and collect some weather data using some basic weather tools:

Using the instruments in the box determine the following. Record your answers on the sheet:

Cloud Cover/Type \_\_\_\_\_

Air Temperature: Field \_\_\_\_\_ Forest \_\_\_\_\_

Relative Humidity: Wet Bulb Temperature \_\_\_\_\_ Dry Bulb Temperature \_\_\_\_\_

Relative Humidity (% moisture in air) \_\_\_\_\_

Wind Direction \_\_\_\_\_ at \_\_\_\_\_ MPH

### **Station #7 - Arrowhead Identification**

Return to the Friends Store to learn how arrowheads were made and identify the time period of arrowheads that have been found on the farm. Get your passport stamped. Congratulations!